

KEY BOOK

Social

Studies



Book One
Smart

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Preface



The current series of Smart Social Studies aimed to promote deeper understanding of self-realization as well as the world around us. This series focused on new dimensions for acquiring excellent variety of knowledge about all the multidimensional aspects of civic life. Especially the introductions stated on the top of every lesson develop an interesting cognitive concepts regarding each topic.

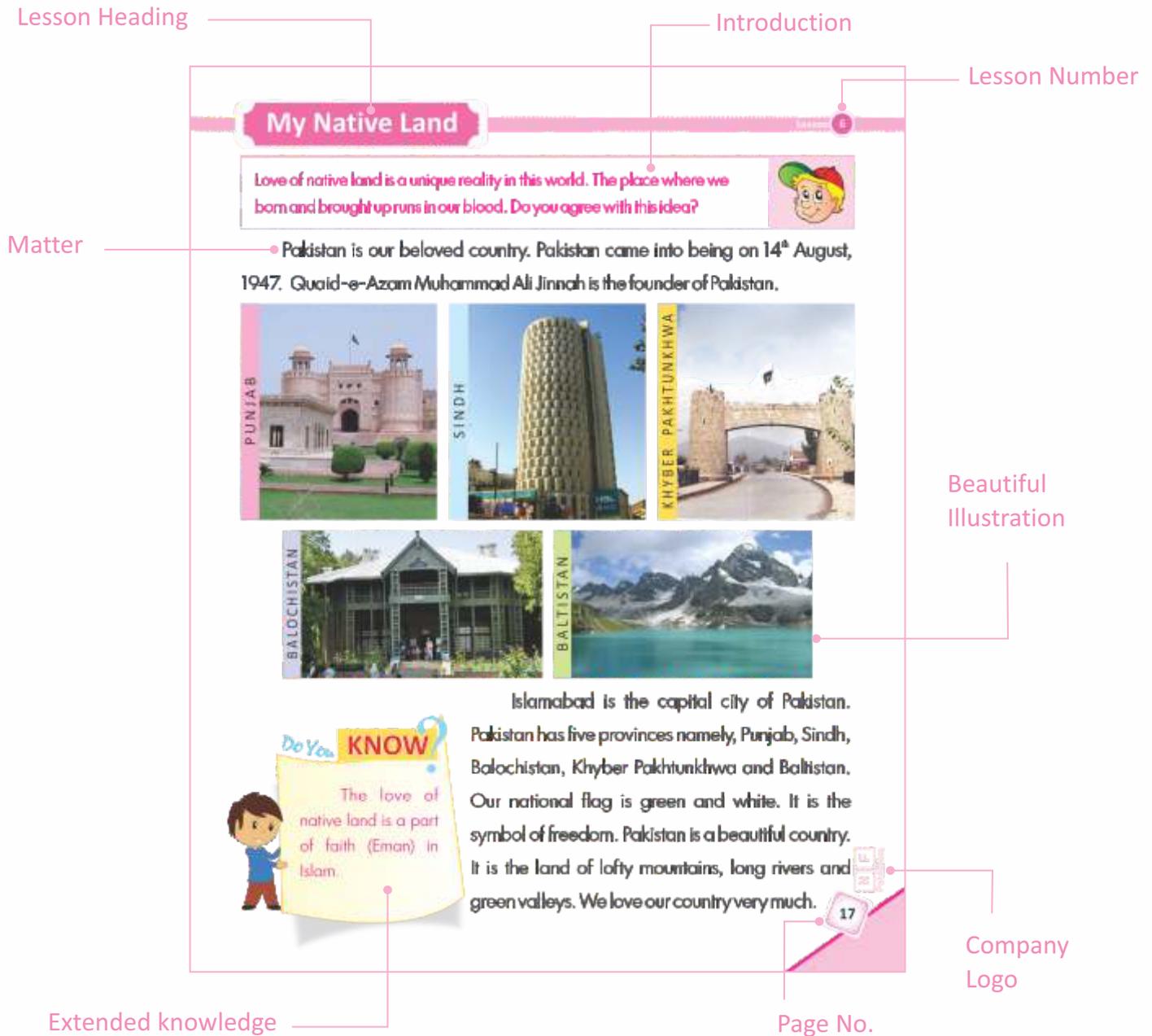
In the nutshell, the new styles of each lesson by reflecting with interesting pictures enhances its text quality of learning. This series is also enriched with various creative activities and features like, “Do you know?” and “Think to do!” to become more strategic thinkers in future. Finally it also contains rich variety of exercises to explore every lesson comprehensively.

NF Publishers

What's in a Lesson



Each lesson is illustrated in the same pattern as mentioned below:



What's in a Lesson



Each lesson is illustrated in the same pattern as mentioned below:

About Exercise Page

The variety of exercises are provided at the end of each lesson to check the learning level of learners regarding the core information of the related text.

Exercise

1. Fill in the blanks:

- Pakistan is our _____ country.
- Pakistan has _____ provinces.
- Quaid-e-Azam is _____ of Pakistan.
- Islamabad is _____ city of Pakistan.
- We _____ our country very much.

2. Tick (✓) for true and cross (×) for false statement:

- Lahore is the capital city of Pakistan.
- Pakistan came into being on 14th August, 1947.
- Quaid-e-Azam is the founder of our country.
- Pakistan has six provinces.
- Pakistan is our beloved country.

3. Match the followings columns:

Islamabad = Quaid-e-Azam Lahore = Provinces = Pakistan =	Minor-e-Pakistan Beloved country Capital city Founder of Pakistan Four
--	--

About the Work Sheet

The beautiful activities illustrated at the end of each lesson to foster the specific learning experience for the learners. The word bank will also facilitate the learners to comprehend the lesson superbly.

Work Sheet

Activity

● Colour and name these birds as below.

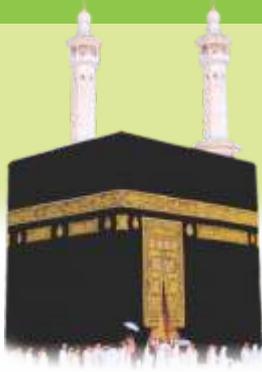
Objects

Responding Character

Words

Meanings

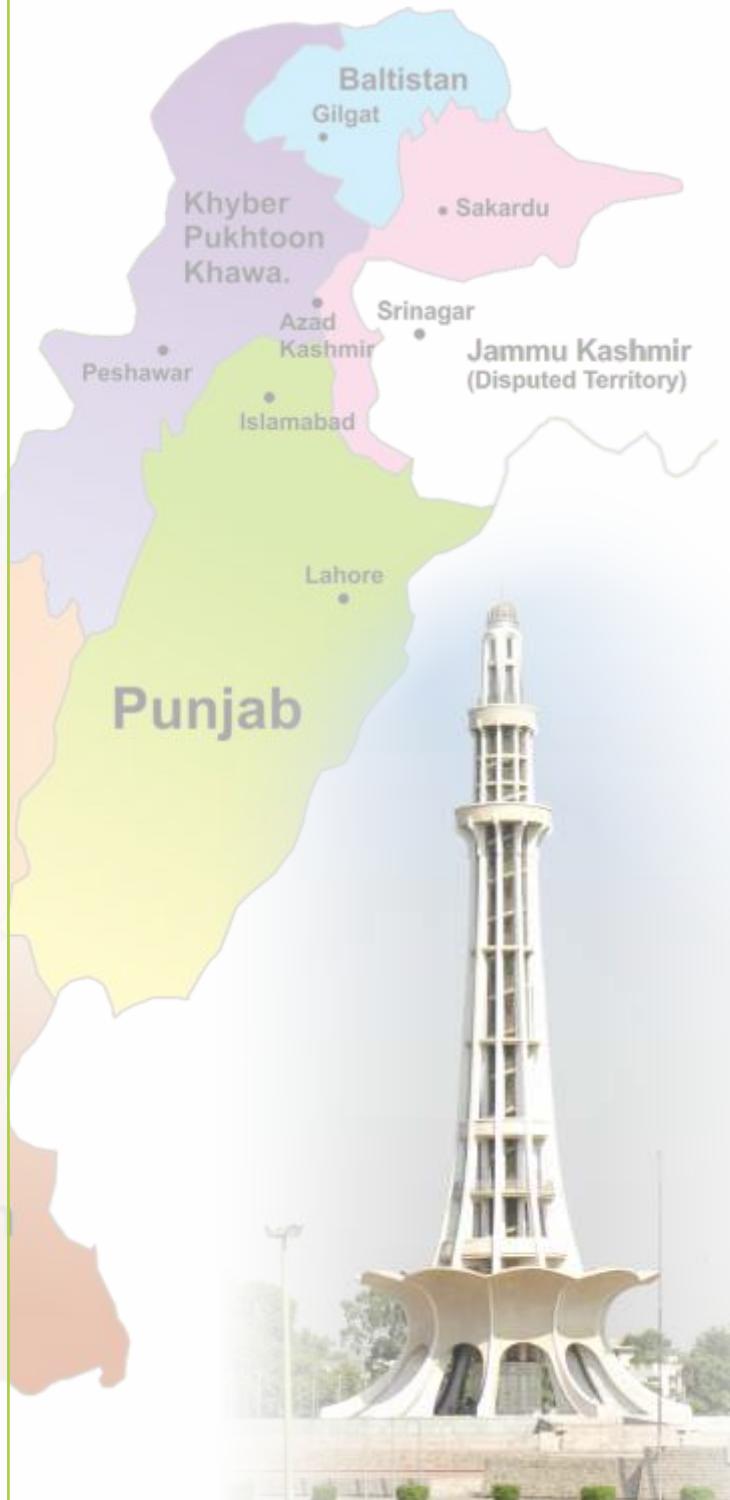
Musical	Involving music, sweet-sounding.
Quack	A large flightless African bird.
Melodious	Musical, tuneful or sweet.
Penguin	A flightless Antarctic sea bird.



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Family is a basic unit of any society. Every family consists of two or more members living together. They can live happily if they take care of each others.

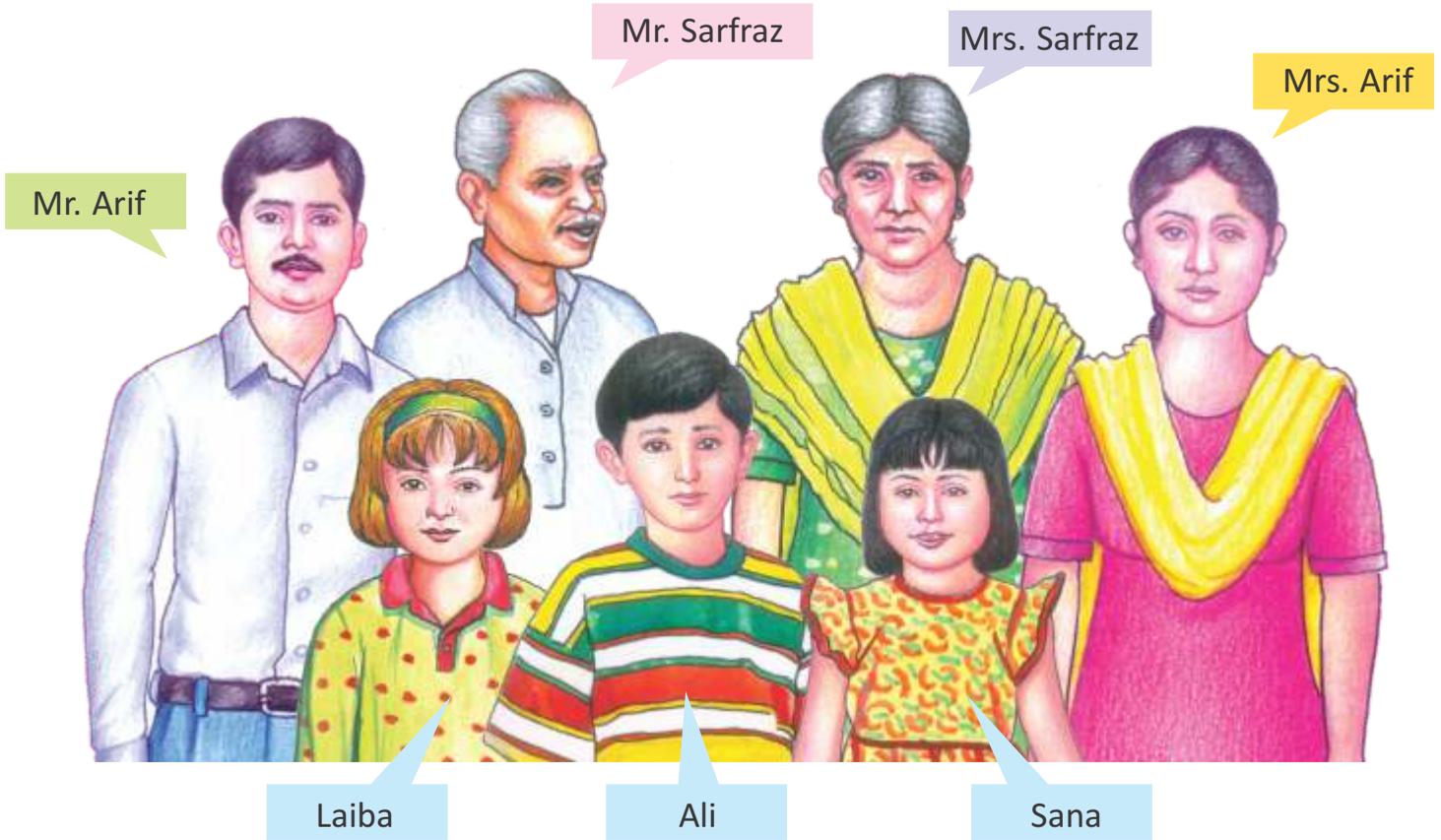


This is the photograph of a family.

یہ ایک خاندان کی تصویر ہے۔

This is Mr. Arif's family.

یہ مسٹر عارف کا خاندان ہے۔



There are seven members in his family.

اس کے خاندان میں سات افراد ہیں۔

Mr. and Mrs. Sarfraz are grandparents.

مسٹر اور مسز سر فر از دادا، دادی ہیں۔

Mr. Arif and Mrs. Hina Arif's parents.

مسٹر عارف اور مسز حنا عارف کے والدین ہیں۔

Laiba and Sana are their daughters.

لائبہ اور ثناء ان کی بیٹیاں ہیں۔

Ali is their son.

علی ان کا بیٹا ہے۔

They all are the members of the same family.

ان سب کا تعلق ایک ہی خاندان سے ہے۔

They all live in the same house.

وہ سب ایک ہی گھر میں رہتے ہیں۔

They all love one another.

وہ سب ایک دوسرے سے پیار کرتے ہیں۔

Activity



Briefly describe Mr. Arif's family as given below:



Mr. Arif



Ali



Mrs. Sarfraz



Laiba



Mr. Sarfraz



Sana

- There are **seven** members in my family.
- My father's name is **Mr. Arif**.
- My mother's name is **Mrs Arif**.
- I have **two** sisters and brothers.
- My grandfathers's name is **Mr. Sarfraz**.



“Neither east nor west, home is the best.”

House is the real blessing of Allah. The good deeds of people make it heaven, otherwise it becomes hell.



- This is my house.
- There are three rooms in it.
- We have a beautiful bed room.
- My house is a sweet home.
- A house protects us from rain, cold and heat.
- We study in our study room.

یہ میرا گھر ہے
اس میں تین کمرے ہیں۔
ہمارا ایک خوب صورت سونے کا کمرہ ہے۔
میرا گھر ایک پیارا گھر ہے۔
ایک گھر ہمیں بارش، گرمی اور سردی سے
محفوظ رکھتا ہے۔
ہم اپنے پڑھائی کے کمرے میں مطالعہ کرتے ہیں۔



- My mother cooks food in the kitchen. میری والدہ باورچی خانے میں کھانا پکاتی ہیں۔
- We take bath in the washroom. ہم غسل خانے میں غسل کرتے ہیں۔
- We entertain guests in the drawing room. ہم مہمانوں کی ڈرائنگ روم میں خاطر مدارت کرتے ہیں۔
- We sleep in the bed room. ہم سونے کے کمرے میں سوتے ہیں۔
- We watch television in the T.V. lounge. ہم T.V. لاؤنج میں ٹیلی ویژن دیکھتے ہیں۔



Drawing Room
مہمان خانہ



Bed Room
سونے کا کمرہ



Study Room
پڑھائی کا کمرہ



T.V Lounge
ٹ.V لاؤنج



Kitchen
باورچی خانہ



Washroom
غسل خانہ

Activity



Beautify the following picture with different colours:



Home Sweet Home



Word Bank:

- House: A building for people to live in.
- Protect: Keep safe from harm.
- Sleep: a condition of rest.
- Kitchen: A room where meals are prepared.



Every child must know that school is his second home. We can learn every useful thing there for a bright future. Do you have the same idea?



- This is my school. یہ میرا اسکول ہے۔
- I read in class one. میں اول جماعت میں پڑھتا/پڑھتی ہوں۔
- I go to school daily. میں روزانہ اسکول جاتا/جاتی ہوں۔
- We learn to read and write in school. ہم اسکول میں پڑھنا اور لکھنا سیکھتے ہیں۔
- My school has many airy rooms. ہمارے اسکول کے بہت سے ہوادار کمرے ہیں۔
- There is a play ground in my school in which we play. میرے اسکول میں ایک کھیل کا میدان ہے، جس میں ہم کھیلتے ہیں۔

Activity



Mention below each correct name from the given options:

The staff room, the principal office, the class room, the computer room, the playground and the main entrance of school.



Computer room



Class room



Play ground



Staff room

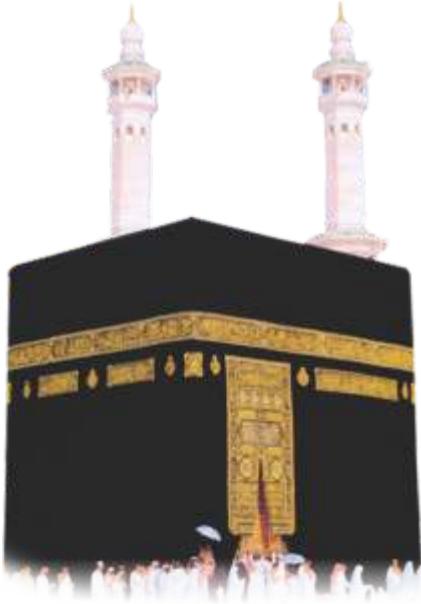


Main entrance of school



Principal office

Islam is the only religion on this earth which is the complete code of life.
All other religions give partial guidance to mankind in this world only.

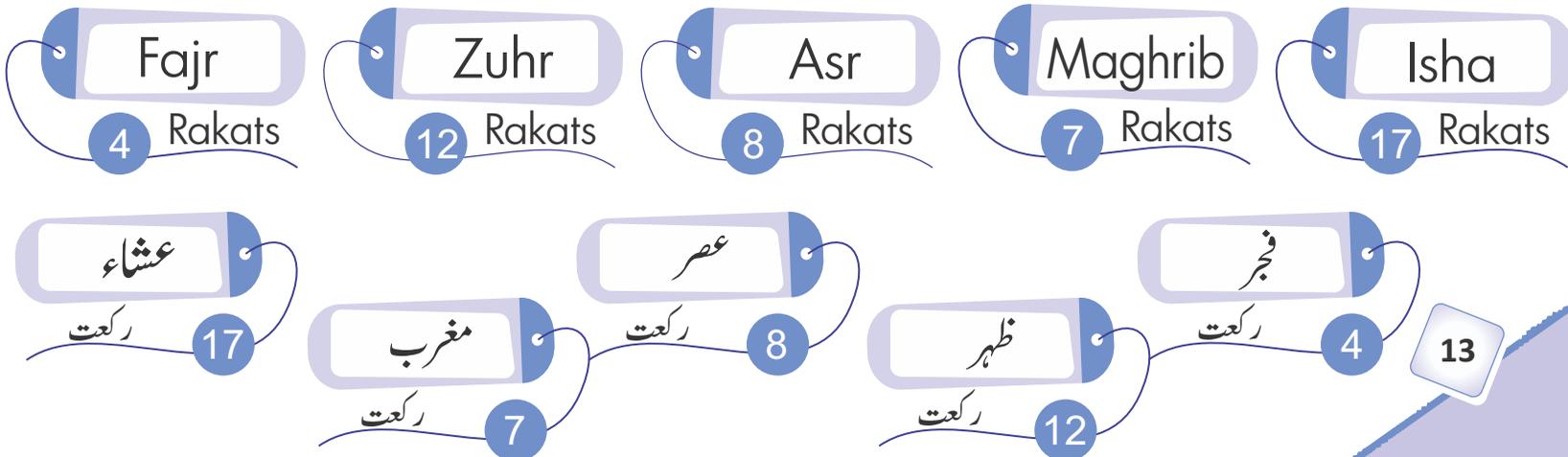


We are the Muslims and our religion is Islam. We believe that there is no God except Allah and Hazrat Muhammad (ﷺ) is the last prophet of Allah. Allah has made all the things. For example, animals, plants, humans, mountains, birds and insects etc.

ہم مسلمان ہیں اور ہمارا مذہب اسلام ہے۔ ہمارا یقین ہے کہ اللہ کے سوا کوئی معبود نہیں اور حضرت محمد ﷺ اللہ تعالیٰ کے آخری رسول ہیں۔ اللہ تعالیٰ نے ہر شے بنائی مثال کے طور پر جانور، پودے، انسان، پہاڑ، پرندے اور حشرات وغیرہ۔

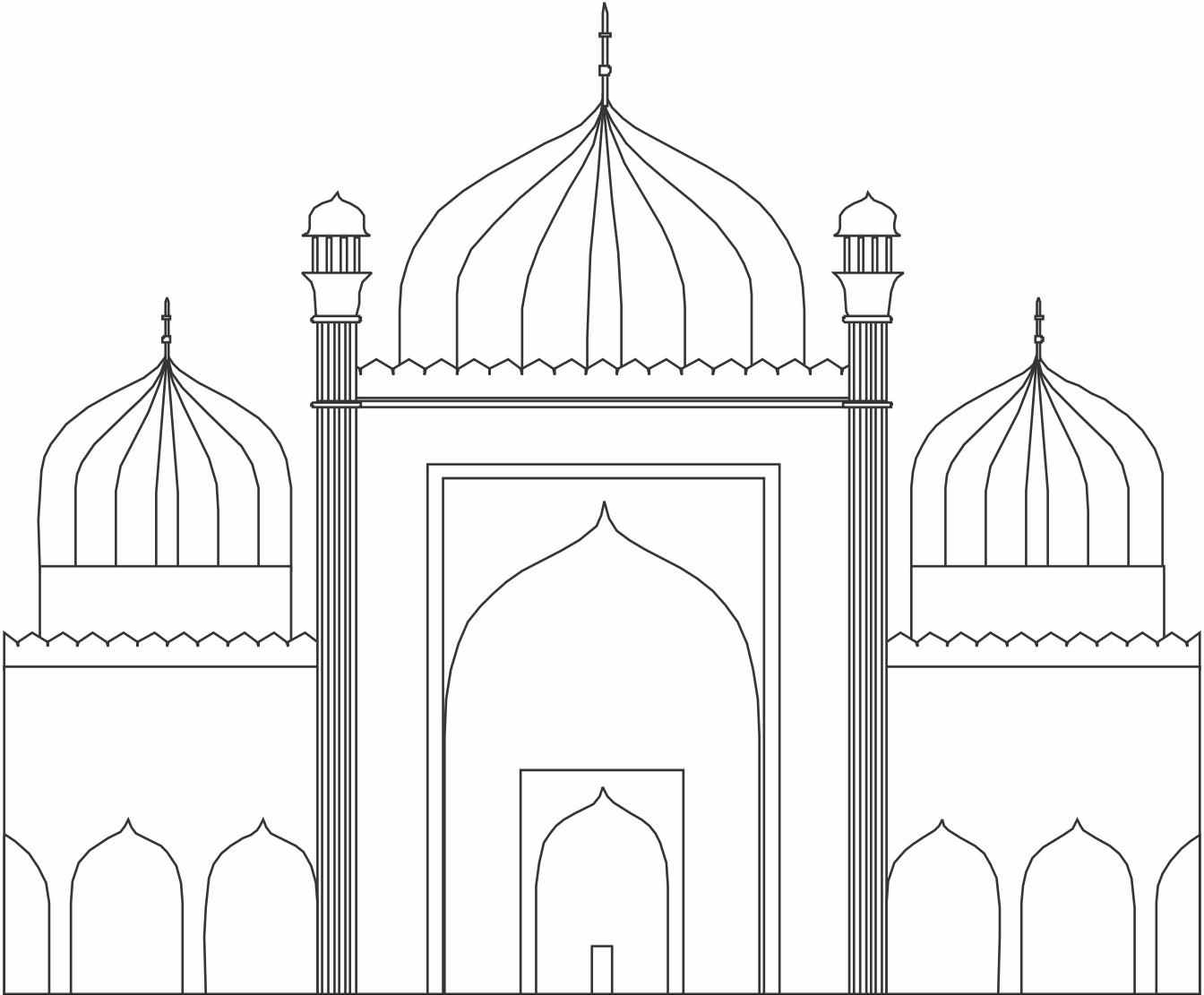
We offer five prayers in a day. The prayers and their Rakats are as under:

ہم دن میں پانچ نمازیں ادا کرتے ہیں۔ نمازیں اور ان کی رکتیں مندرجہ ذیل ہیں۔



Activity

Colour the following masjid with beautiful colours:



Word Bank:

School:

An educational institution.

Playground:

A field used for outdoor games.

Learn:

To gain knowledge.

Airy room:

Well ventilated covered area.



“Cleanliness is next to Godliness.”

Cleanliness of bodies, clothes and place is very important before the worship of our creator (Allah). Cleanliness make us healthy and wealthy.



Cleanliness is very good habit. We should adopt this habit.

صفائی بہت اچھی عادت ہے۔ ہمیں اس عادت کو اپنانا چاہیے۔

Cleanliness is closed to Godliness.

صفائی ایمان کے بہت قریب ہے۔



➔ Tooth Brushing
دانت صاف کرنا



➔ Bathing
غسل کرنا



➔ Combing
کنگھی کرنا



➔ Breakfasting
ناشتا کرنا



➔ Going to School
اسکول جانا

Good children always like cleanliness.

اچھے بچے ہمیشہ صفائی کو پسند کرتے ہیں۔

Activity



Match the following words with the suitable pictures:


Tooth Brushing


Hair Combing


Breakfasting


Bathing











Word Bank:

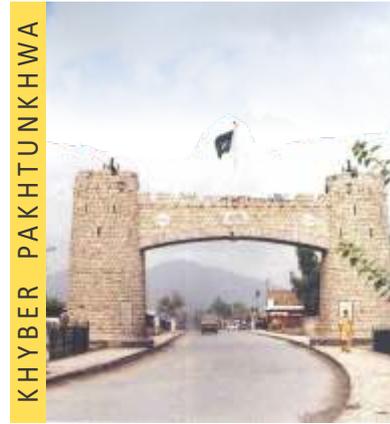
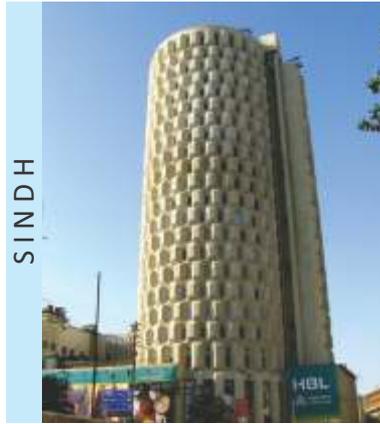
- Worship: Respect paid to our creator.
- Creator: One who brings into existence.
- Healthy: Having good health.
- Wealthy: An owner of larger amount of money.



Love of native land is a unique reality in this world. The place where we born and brought up runs in our blood. Do you agree with this idea?

Pakistan is our beloved country. Pakistan came into being on 14th August, 1947. Quaid-e-Azam Muhammad Ali Jinnah is the founder of Pakistan.

پاکستان ہمارا پیارا وطن ہے۔ پاکستان 14 اگست 1947 کو معرض وجود میں آیا۔ قائد اعظم محمد علی جناح پاکستان کے بانی ہیں۔



Islamabad is the capital city of Pakistan. Pakistan has five provinces namely, Punjab, Sindh, Balochistan, Khyber Pakhtunkhwa and Baltistan. Our national flag is green and white. It is the symbol of freedom. Pakistan is a beautiful country. It is the land of lofty mountains, long rivers and green valleys. We love our country very much.

اسلام آباد پاکستان کا دارالخلافہ ہے۔ پاکستان کے پانچ صوبے پنجاب، سندھ، بلوچستان، خیبر پختونخوا، اور بلتستان ہیں۔ ہمارا قومی پرچم سبز اور سفید رنگ کا ہے۔ یہ آزادی کا نشان ہے۔ پاکستان ایک خوب صورت ملک ہے۔ یہ اونچے پہاڑوں، لمبے دریاؤں اور سبز وادیوں کی زمین ہے۔ ہم اپنے وطن سے بہت پیار کرتے ہیں۔

Exercise



1. Fill in the blanks:

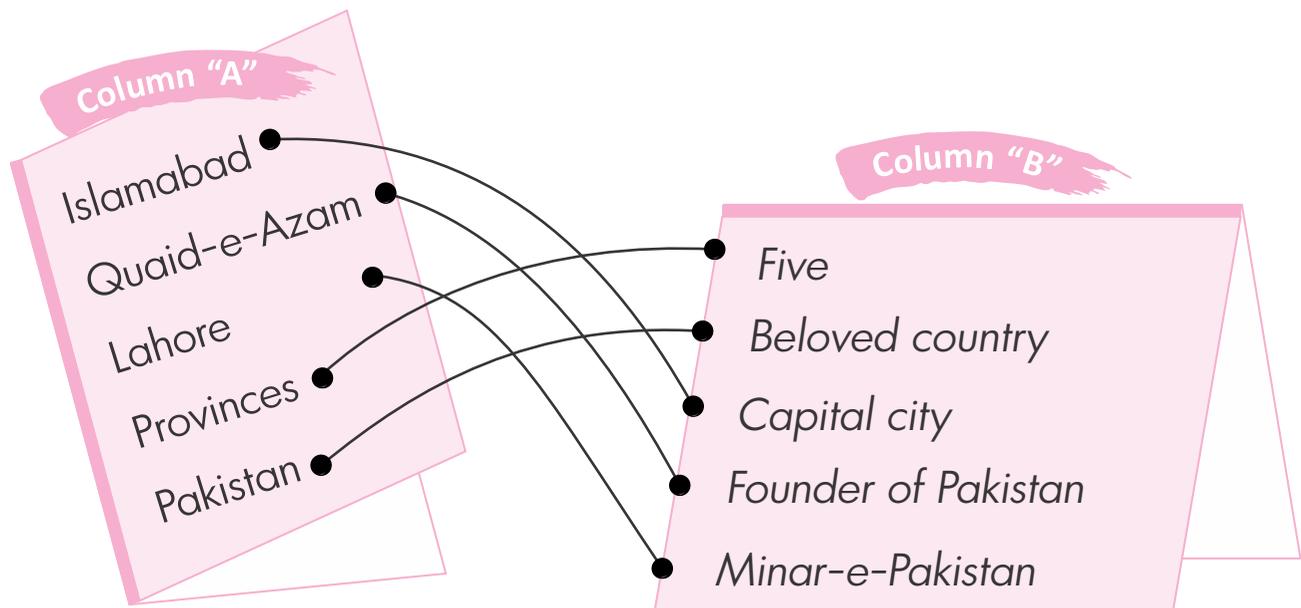
- Pakistan is our **beloved** country.
- Pakistan has **five** provinces.
- Quaid-e-Azam is **founder** of Pakistan.
- Islamabad is **capital** city of Pakistan.
- We **love** our country very much.

2. Tick (✓) for true and cross (✗) for false statement:

- Lahore is the capital city of Pakistan.
- Pakistan came into being on 14th August, 1947.
- Quaid-e-Azam is the founder of our country.
- Pakistan has six provinces.
- Pakistan is our beloved country.



3. Match the followings columns:



Activity

Colour the map of Pakistan with different colours below:



Word Bank:

Capital City:

The chief city of the country.

Founder:

A person who has founded an institution.

Beloved:

Dearly loved.

Freedom:

The condition of being free.

“Dynamic leaders are born in centuries. Quaid-e-Azam was also one of those. He did great struggles to lay the foundation of Pakistan.”



This is a picture of Quaid-e-Azam. He is called the father of Pakistani nation. He worked hard for Pakistan. He was born in Karachi. He gave us Pakistan on August 14th, 1947. He was buried in Karachi.

یہ قائد اعظم کی تصویر ہے۔ انہیں بابائے قوم کہا جاتا ہے۔ انہوں نے پاکستان کے لیے سخت محنت کی وہ کراچی میں پیدا ہوئے۔ انہوں نے 14 اگست 1947 کو پاکستان بنایا۔ انہیں کراچی میں دفن کیا گیا۔



Activity



See the picture given below and fill in the blanks with correct answers:



- This is a picture of **Quaid-e-Azam**.
- He is the **founder** of the Pakistani nations.
- He was born in **Karachi**.
- He gave us Pakistan on August 14th **1947**.
- He was buried in **Karachi**.



Word Bank:

Dynamic:	Energetic or forceful.
Struggle:	Progress with difficulty.
Foundation:	A base or lowest layer.
Buried:	Put or hide something underground.





Minar-e-Pakistan is the symbol of freedom of Pakistan. It was a historical place, where the Pakistan resolution was passed in 1940.

Minar-e-Pakistan stands in the Iqbal Park in Lahore. It is just on the spot where Pakistan Resolution was passed.

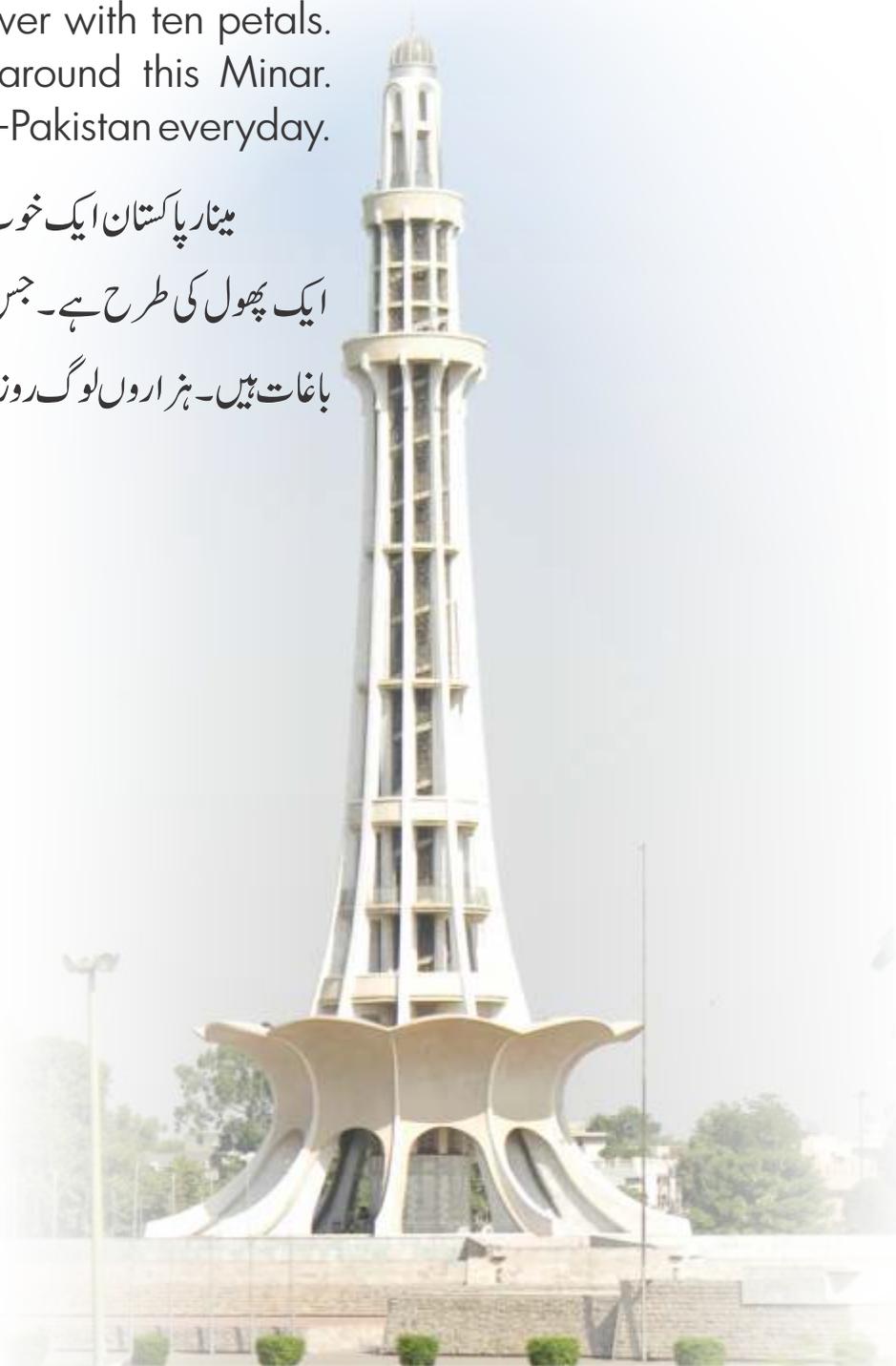
مینار پاکستان اقبال پارک لاہور میں واقع ہے۔ یہ وہی مقام ہے جہاں قرارداد پاکستان منظور ہوئی تھی۔

Minar-e-Pakistan is a beautiful tall tower. At the bottom, it has the shape of a flower with ten petals. There are gardens and a lake around this Minar. Thousands of people visit Minar-e-Pakistan everyday.

مینار پاکستان ایک خوب صورت اونچا ٹاور ہے۔ اس کے بنیادی حصے کی شکل ایک پھول کی طرح ہے۔ جس کی دس پیتاں ہیں۔ مینار کے ارد گرد ایک جھیل اور باغات ہیں۔ ہزاروں لوگ روزانہ مینار پاکستان کی سیر کے لیے آتے ہیں۔

Do You KNOW?

First it was called "Minto Park" and later on it was changed into "Iqbal Park" or generally known as "Yadgar-e-Pakistan."



Exercise



1. Answer the following questions:

- **Where does Minar-e-Pakistan stand?**

Ans: Minar-e-Pakistan stands in the Iqbal Park, Lahore.

- **Can you describe the shape of Minar-e-Pakistan?**

Ans: At the bottom, it has the shape of a flower with ten petals.

- **When was the Pakistan Resolution passed?**

Ans: Pakistan resolution was passed in 1940.

- **What was the name of this park in the past?**

Ans: In the past the name of this Park was Minto Park.

- **How many people visit Minar-e-Pakistan everyday?**

Ans: Thousands of people visit Minar-e-Pakistan everyday.



2. Fill in the blanks:

- Minar-e-Pakistan stands in the **Iqbal** Park.
- Minar-e-Pakistan is a beautiful **tall** tower.
- Minar-e-Pakistan has **ten** petals.
- There are **garden** and **lake** around the Minar.
- **Thousands** of people visit Minar-e-Pakistan daily.



3. Tick (✓) for true and cross (✗) for false statement:

- Minar-e-Pakistan is in Karachi.
- Minar-e-Pakistan has a flower shape.
- At the bottom, Minar-e-Pakistan has ten petals.
- There is no lake beside Minar-e-Pakistan.
- Minar-e-Pakistan is situated near Lahore fort.



Activity



Colour the following picture of Minar-e-Pakistan with multicolours.



Word Bank:

- Freedom: Being free, liberty.
- Resolution: A firm decision or will power.
- Petals: one of the coloured outer parts of a flower head.
- Beside: At the side of.

Flag is an important symbol of any country in the world. Every country shows its national pride through its flag. It makes us prominent among all the nations of the world.



This is our flag. We are Pakistani. This flag is our recognition in the world. It has two colours white and green. It has a star and crescent. I like my flag very much.

یہ ہمارا جھنڈا ہے۔ ہم پاکستانی ہیں۔ یہ جھنڈا دنیا میں ہماری پہچان ہے۔ اس میں سبز اور سفید دو رنگ ہیں۔ اس میں ایک ہلال اور ستارہ ہے۔ مجھے میرا جھنڈا بہت پسند ہے۔

Do You **KNOW?**

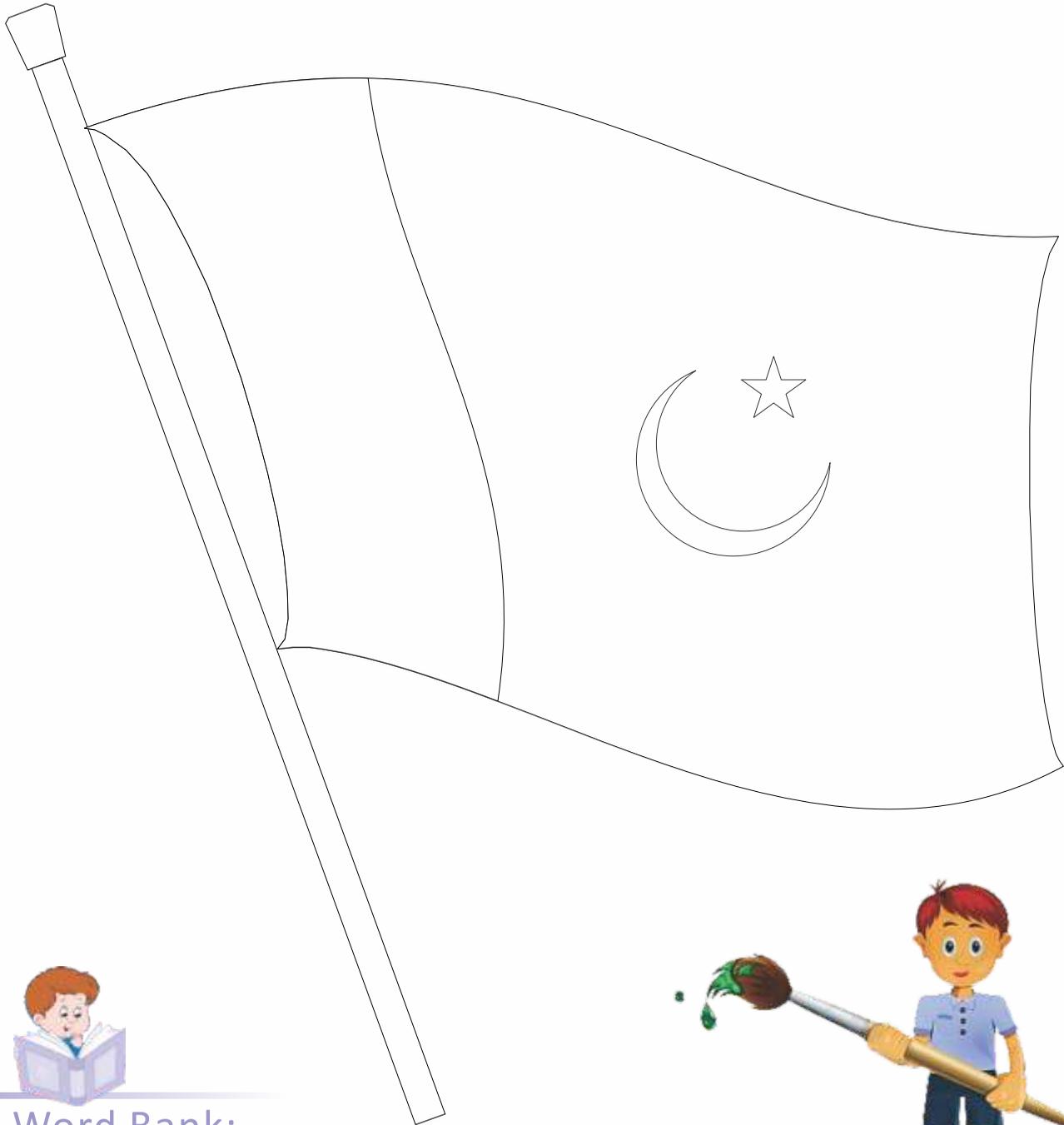
Which Islamic country's flag is never bent downward in any case?



Activity



Colour the flag of Pakistan with suitable colours:



Word Bank:

- Pride: Dignity, self respect.
- Prominent: Important, well known.
- Recognition: Identify or know again from previous experience.
- Crescent: A narrow curved shape like sickle.



Every nation in the world has its own heroes who are loved by that nation very much. They are the people who change the fate of their nation with great devotions.



There are some pictures of the heroes of our country. Our country is a result of their heroic efforts. These are some heroes who made Pakistan unique.

یہ ہمارے ملک کے کچھ ہیروز کی تصاویر ہیں۔ ہمارا ملک ان ہیروز کی جدوجہد کا نتیجہ ہے۔ یہ وہ ہیروز ہیں جنہوں نے

پاکستان کو بے مثال بنایا۔



Allama Iqbal

علامہ اقبال



Quaid-e-Azam

قائد اعظم



Fatima Jinnah

فاطمہ جناح



Ch. Rahmat Ali

چوہدری رحمت علی



Liaquat Ali Khan

لیاقت علی خان



Major Aziz Bhatti

میجر عزیز بھٹی

Do You **KNOW?**

Who are the other great heroes of our country? Enlist those with their pictures.



Rashid Minhas

راشد منہاس



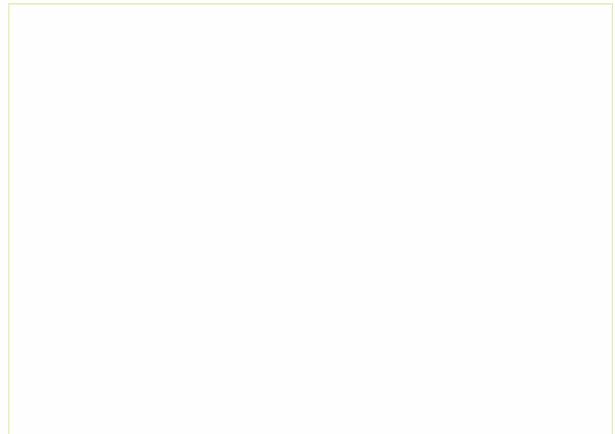
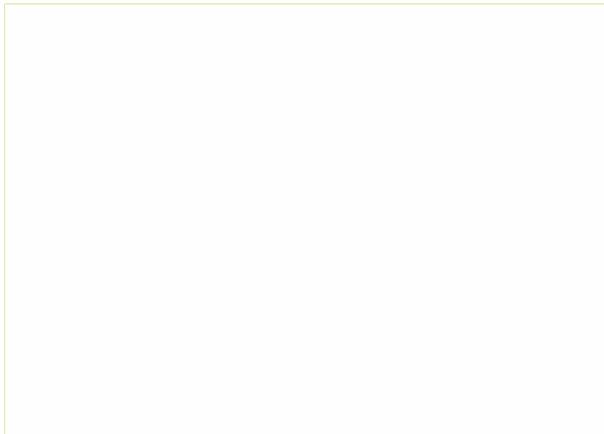
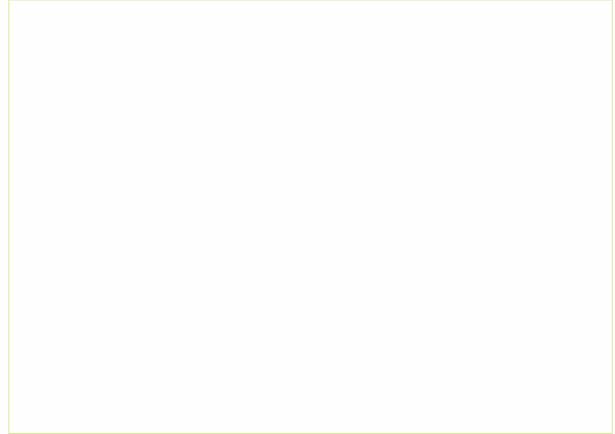
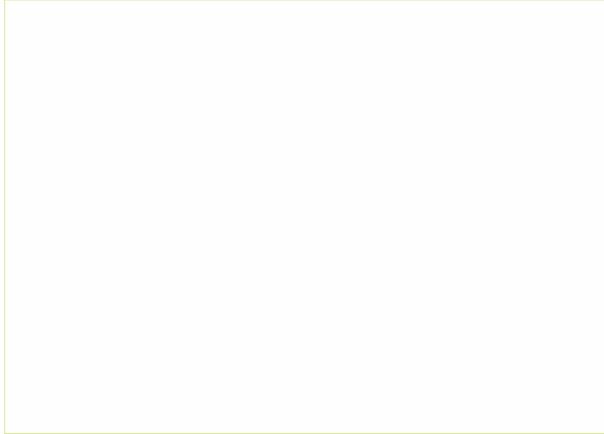
Dr. Abdul Qadeer

ڈاکٹر عبدالقادر

Activity



Paste the pictures of any four heroes in the spaces given below:



Word Bank:

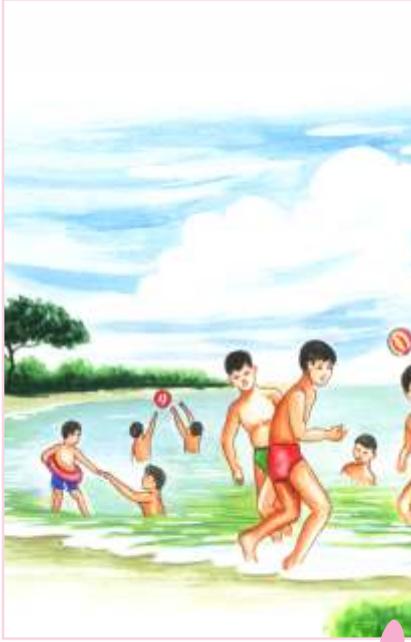
- Heroes: A man admired for his brave deeds.
- Devotion: love, loyalty, dedication.
- Fate: Destiny, chance.
- Unique: The only one of its kind.



Seasons influences our moods, temperaments and thoughts very deeply. It also provides variety in our life styles. Sometimes these are very hot, cold and moderate. How do you think?



There are four seasons in a year. These are summer, winter, spring and autumn.
ایک سال میں چار موسم ہوتے ہیں۔ یہ موسم گرما، موسم سرما، موسم بہار اور موسم خزاں ہیں۔



Summer

The leaves of trees become full green.

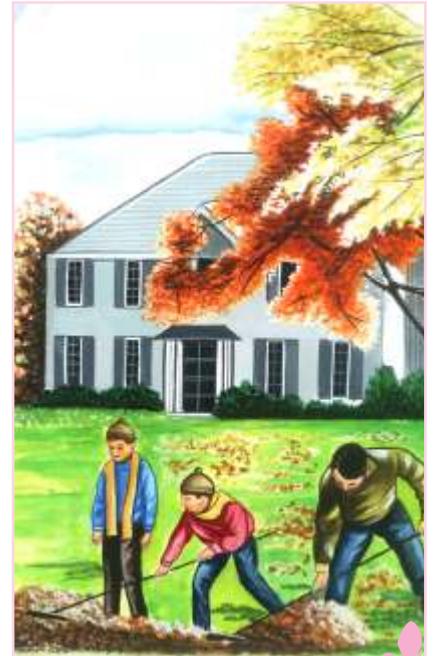
موسم گرما: پودوں کے تمام پتے سبز ہو جاتے ہیں۔



Spring

The trees produce new leaves and flowers.

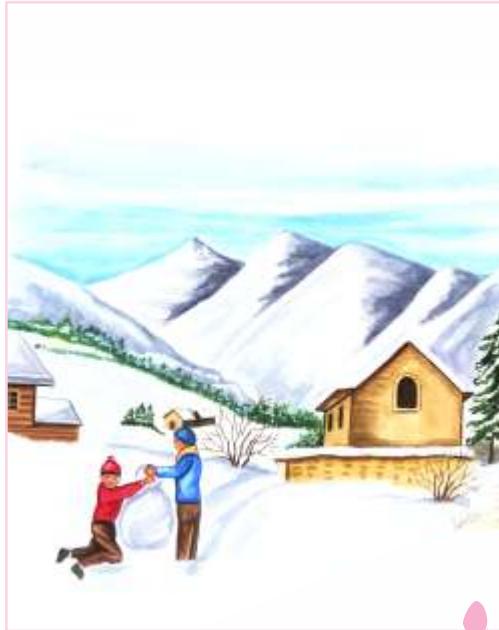
موسم بہار: درختوں پر نئے پتے اور پھول اگتے ہیں۔



Autumn

The tree leaves turn pale yellow in colour.

موسم خزاں: درختوں کے پتوں کا رنگ زرد ہو جاتا ہے۔



Winter

The leaves of trees fall.

موسم سرما: درختوں کے پتے گر جاتے ہیں۔

Do You **KNOW?**

In which season the people enjoy snow falling mostly?

Activity



Match the following conditions with their relevant seasons.

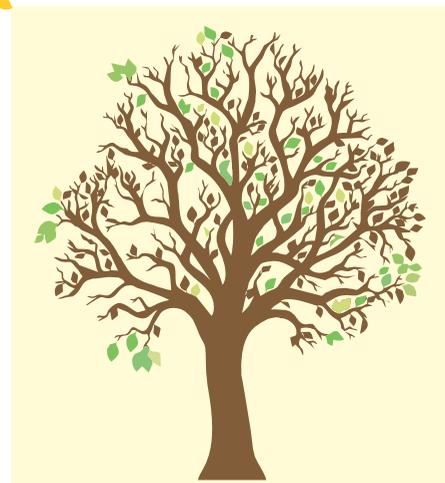


Leaves are fully green.

Leaves fall.

Trees produce leaves.

Leaves turn pale yellow.



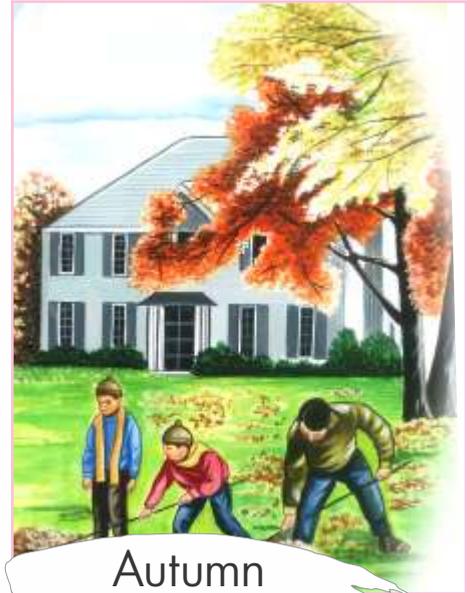
Activity



Mention the names of seasons in the pictures given below.



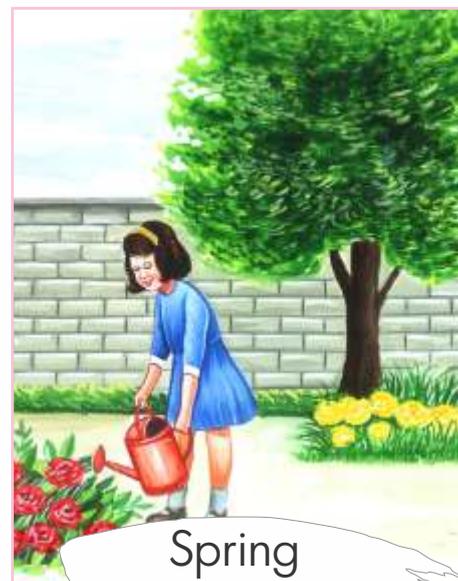
Summer



Autumn



Winter



Spring



Word Bank:

Season: One of the four divisions of the year.

Autumn: The season between summer and winter.

Produce: Make or manufacture.

Winter: The coldest season of the year.



Time is a very important factor in our life. The people who always take care of time, they live a very happy life. Let us study more about it.

We do different things in different times. There are 24 hours in a day:

ہم مختلف اوقات میں مختلف کام کرتے ہیں۔ ایک دن میں 24 گھنٹے ہوتے ہیں۔



Brushing teeth at 6 O'clock. 6 بجے دانت برش کرتے ہیں۔



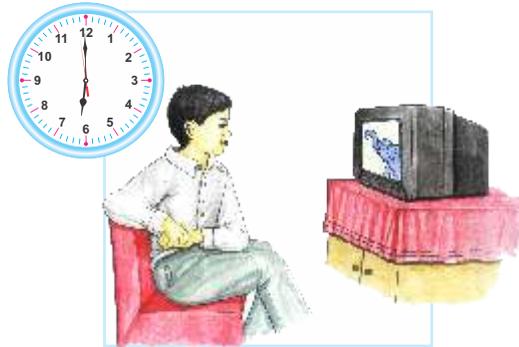
Get ready for school at 7:30 O'clock. 7:30 پر اسکول کے لیے تیار ہوتے ہیں۔



Study in classroom at 8 O'clock. 8:00 بجے کلاس میں پڑھتے ہیں۔



Enjoy break at 1 O'clock. Offer the Zuhr prayer. 1:00 بجے نماز ظہرین ادا کرنے کے بعد بریک کرتے ہیں،



Relax at home at 6 O'clock. 6:00 بجے گھر پر آرام کرتے ہیں۔



Do home work at 7:30 O'clock. 7:30 پر ہوم ورک کرتے ہیں۔



Go to sleep at 10 O'clock. 10 بجے سو جاتے ہیں۔

Do You **KNOW?**

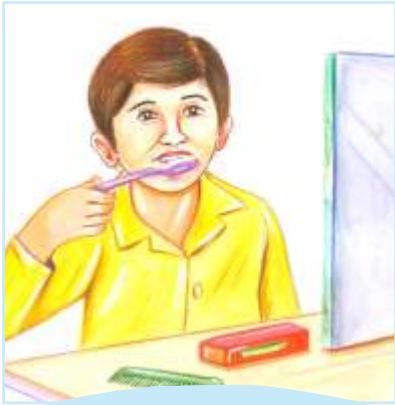
What time is there in U.K. When it strikes



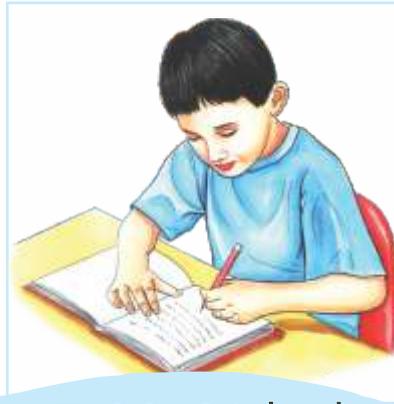
Activity



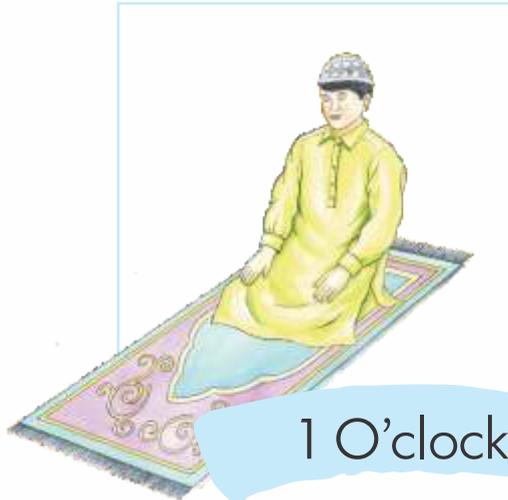
Mention the time below when do you do these works.



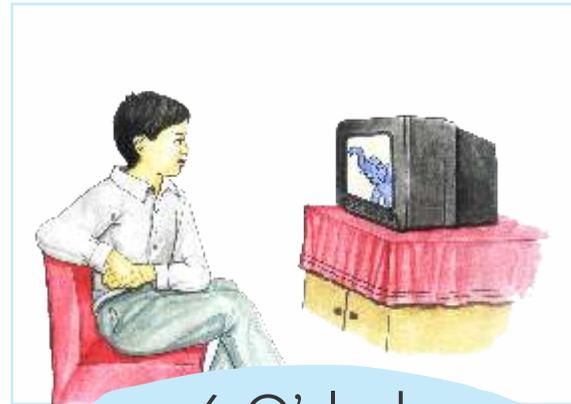
6 O'clock.



7:30 O'clock.



1 O'clock.



6 O'clock.



Word Bank:

- Factor: Element, part or component.
- Care: Protection or serious attention:
- Study: Learn, work or revise.
- Different: Not the same or distinction.



There are seven days in a week. There are about four weeks in a month, and twelve months make one year. Let us learn more about it.



There are seven days in a week. Those are Monday, Tuesday, Wednesday, Thursday, Friday, Saturday and Sunday.

ایک ہفتے میں سات دن ہوتے ہیں۔ وہ پیر، منگل، بدھ، جمعرات، جمعہ، ہفتہ اور اتوار ہیں۔



Monday is the first day of a week and it's a working day. Tuesday, Wednesday, Thursday are also working days. Then comes Friday which is a half working day. The Muslims offer Juma prayer on Friday. Saturday is the sixth and the second last day of the week. Sunday is the last day of the week and a holiday. It is a holy day for Christians. They go to church and offer their prayer.

پیر ہفتے اور کام کا پہلا دن ہوتا ہے۔ منگل، بدھ، جمعرات بھی کام کے دن ہوتے ہیں۔ پھر جمعہ آتا ہے جو کہ کام کا نصف دن ہوتا ہے۔ مسلمان جمعے کے دن نماز جمعہ ادا کرتے ہیں۔ ہفتہ چھٹا اور ہفتے کے آخر سے پہلا دن ہوتا ہے۔ اتوار ہفتے کا آخری اور چھٹی کا دن ہوتا ہے۔ یہ عیسائیوں کے لیے مقدس دن ہوتا ہے۔ وہ گر جاگھر جاتے ہیں اور اپنی عبادت کرتے ہیں۔

Exercise



1. Answer the following questions:

- The first day of a week is **Monday**.
- The half working day for the Muslims is **Friday**.
- The last day of a week is **Sunday**.
- The weekly holiday in our country is on **Sunday**.
- How many days does a week have? **Seven**.



2. Fill in the blanks:

- There are **seven** days in a week.
- **Monday** is the first day of a week and also the working day as well.
- **Friday** is the half-holiday for Muslims to offer the Jumma prayer.
- Saturday is the **second last** day of a week.
- Tuesday is a **working** day of a week .



3. Tick (✓) for true and cross (✗) for false statement:

- | | | |
|--|-----------------|-------------------|
| ● The first day of a week is. | Monday ✓ | Sunday ✗ |
| ● The half working day for the Muslims is. | Friday ✓ | Sunday ✗ |
| ● The last day of a week is. | Sunday ✓ | Saturday ✗ |
| ● The weekly holiday in our country is on. | Sunday ✓ | Friday ✗ |
| ● How many days does a week has? | Seven ✓ | Nine ✗ |

Activity



Write days of the week in the following boxes.



Word Bank:

Year : The period of 365 days.

Christians: Believers in Christianity.

Offer: Put forwarded, propose.

Church: A building for public Christian worship.

In society, wherever we live, there are always many people around us. Some of those may be good and few may be bad. Therefore we must be aware of all the people around us.



There are many people around us. They do different jobs to earn their living.
ہمارے ارد گرد بہت سے لوگ ہیں۔ جو اپنے گزر بسر کے لیے مختلف کام کرتے ہیں۔



Doctor ڈاکٹر



Policeman پولیس



Postman ڈاکیا



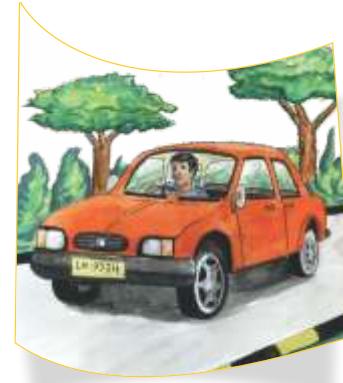
Nurse نرس



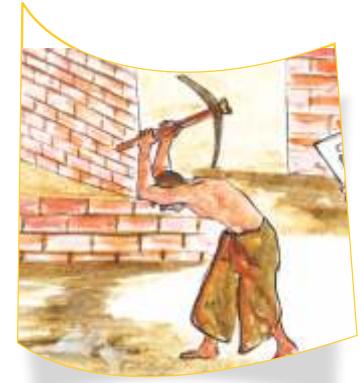
Barber حجام



Pilot پائلٹ



Driver ڈرائیور



Labour مزدور



Solider فوجی



Mason مستری

Do You **KNOW**?

Who are those people in society. Who



They are all helpful to us.

Their works are called their professions.

وہ سب ہمارے لیے بہت معاون ہیں

ان کے کام ان کے پیشے کہلاتے ہیں۔

Activity



Match the following names with their correct professions:



Doctor



Policeman



Postman



Labour



Nurse



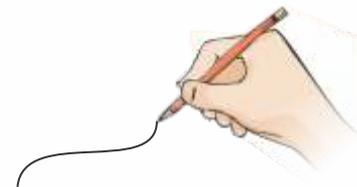
Word Bank:

Society: An ordered community.

Jobs: A paid position of regular employment.

Protect: keep safe, save or secure.

Profession: Career, business or occupation.



Our body is a great blessing of Allah. If we take exercise daily it will remain active and smart. Do you like an active and healthy body?



I have different body parts. These parts of the body perform different functions.

میرے جسم کے مختلف حصے ہیں۔ جسم کے یہ حصے مختلف کام سرانجام دیتے ہیں۔



I have a head.

میرا ایک سر ہے۔

I have two lips.

میرے دو ہونٹ ہیں۔



I have two eyes.

میری دو آنکھیں ہیں۔



I have a nose.

میرا ایک ناک ہے



I have two ears.

میرے دو کان ہیں۔



I have a mouth.

میرا ایک منہ ہے۔



I have two hands.

میرے دو ہاتھ ہیں۔



I have two legs.

میری دو ٹانگیں ہیں۔



Do You **KNOW?**

What is the most important part of our body which can cause our life and death?

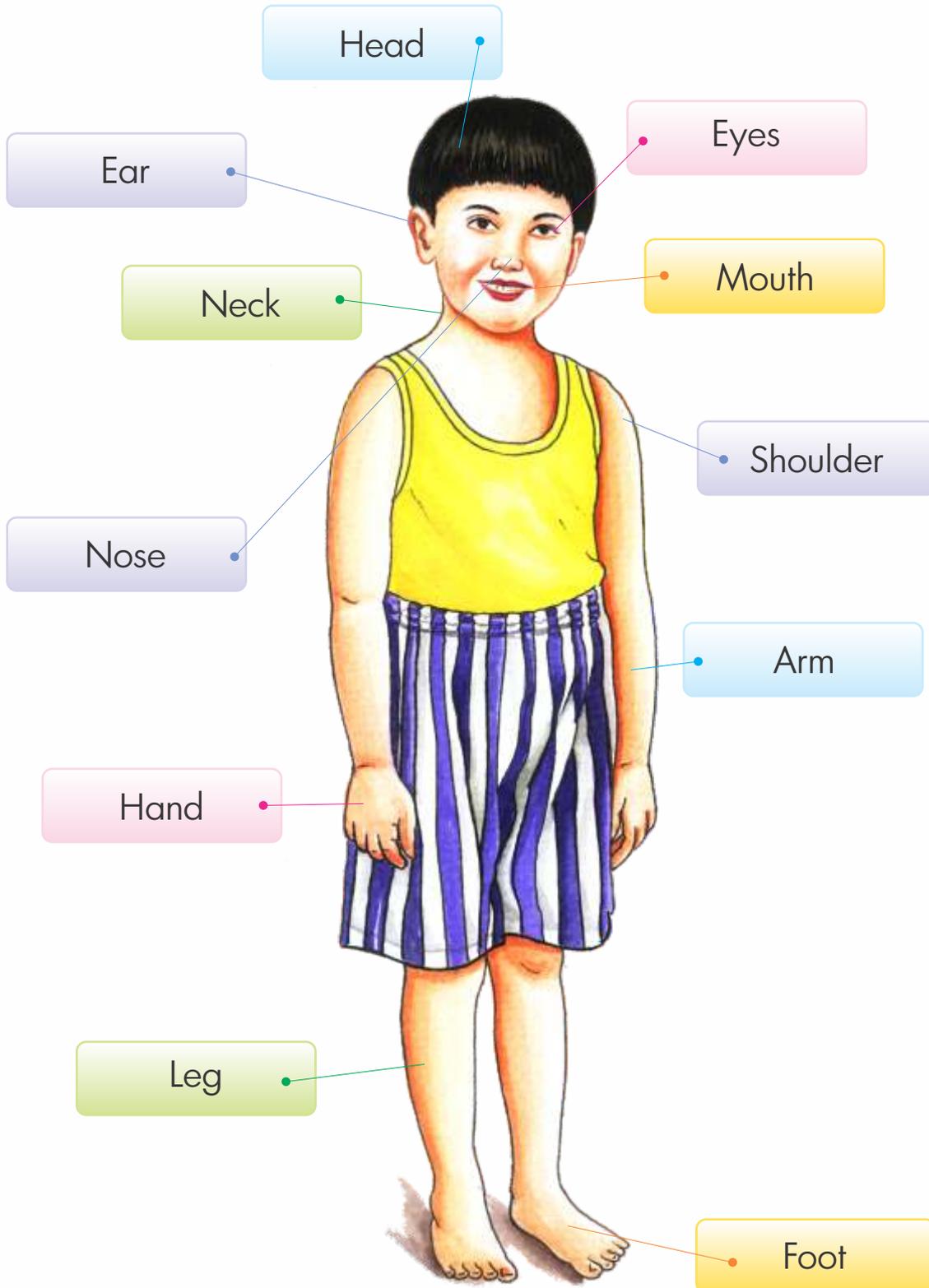




Activity

Mention the following body parts in their suitable boxes:

Hand, Ear, Mouth, Head, Leg, Arm, Nose, Eyes, Foot, Shoulder





Safety of our life, property and honour is very important thing in life. Because without following the proper safety rules, nobody can live a happy life. How do you think?

Accidents can occur anytime and anywhere, while we are moving on the roads. We should always be very vigilant so that we may protect ourselves from getting hurt. These are three important areas where we should follow the safety rules strictly.

حادثات کسی بھی وقت اور کہیں بھی واقع ہو سکتے ہیں، جب ہم سڑک پر سفر کر رہے ہوتے ہیں۔ ہمیں ہمیشہ خبردار رہنا چاہیے تاکہ ہم خود کو چوٹ پہنچنے سے بچا سکیں۔ یہ تین اہم علاقے ہیں جہاں ہمیں حفاظتی اقدامات پر سختی سے عمل پیرا ہونا چاہیے۔

1. Traffic safety rules

2. Playground safety rules

3. Home safety rules

۱۔ ٹریفک کے حفاظتی اقدامات

۲۔ پلے گراؤنڈ کے حفاظتی اقدامات

۳۔ گھر کے حفاظتی اقدامات

1. Traffic Safety Rules:

- Never play on or near the roads.
- Always cross the road on the Zebra Crossing when the traffic light is glowing red.

● سڑک پر یا اس کے قریب نہ کھیلیں۔

● جب اشارہ سرخ ہو جائے تو ہمیشہ زیبرا کراسنگ سے سڑک پار کریں۔

- | | | | | | |
|------|--------------------------------|------------------|--|----------------------|-------------------------|
| i. | The red light means | : Stop |  | رک جائیں | : سرخ لائٹ کا معنی ہے: |
| ii. | The yellow light means: | Get Ready | | تیار ہو جائیں | : پیلی لائٹ کا معنی ہے: |
| iii. | The green light means | : Move On | | گزر جائیں | : سبز لائٹ کا معنی ہے: |

2. Playground Safety Rules:

2. پلے گراؤنڈ کے حفاظتی اقدامات:

- Always tie up your shoelaces.
 - Do not swing very high.
 - Do not run extremely fast.
 - Do not push each other.
 - Do not play near thorny plants.
- اپنے جوتے کے تسمے ہمیشہ باندھ کر رکھیں۔
- زیادہ اونچا جھولانہ جھولیں۔
- بہت زیادہ تیز نہ بھاگیں۔
- ایک دوسرے کو دھکے نہ دیں۔
- کانٹے دار پودوں کے قریب نہ کھیلیں۔

2. Home Safety Rules:

2. گھر کے حفاظتی اقدامات:

- Do not run on wet floors.
- Do not play with electric circuit.
- Do not use sharp cutlery.
- Do not go near or play with the fire.



- گیلے فرش پر مت بھاگو۔
- الیکٹرک سرکٹ کے ساتھ مت کھیلو۔
- تیز دھار چاقو استعمال مت کرو۔
- آگ کے قریب نہ جاؤ اور نہ ہی اس سے کھیلو۔

Exercise



1. Answer these questions:

- How can we protect ourselves in our daily life?

Ans: We can protect ourselves in our daily life by following the safety rules.

- How many important safety areas are there in our society?

Ans: There are three safety areas in our society:

1. Traffic safety rules
2. Playground safety rules
3. Home safety rules

- What kind of traffic lights are used on the main roads?

Ans: ● We use the following traffic length on the main roads:

- i. The red light to : stop
- ii. The yellow light to : get ready
- iii. The green light to : move on



- What should we do in the playground?

Ans:

- Always tie up your shoelaces.
- Do not swing very high.
- Do not run extremely fast.
- Do not push each other.
- Do not play near thorny plants.

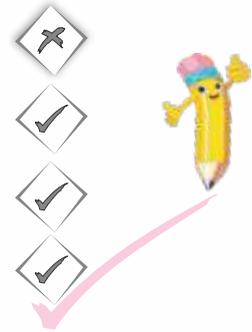
2. Insert the suitable words in the following blanks:

- **Accidents** can occur anytime and anywhere.
- Always cross the road on the **Zebra crossing**.
- Do not play near **thorny** plants.
- Do not **swing** very high.
- Do not play with **electric** circuits.
- Hold the **railing** firmly when moving on the stairs.



3. Tick (✓) for right and cross (✗) for wrong statement.

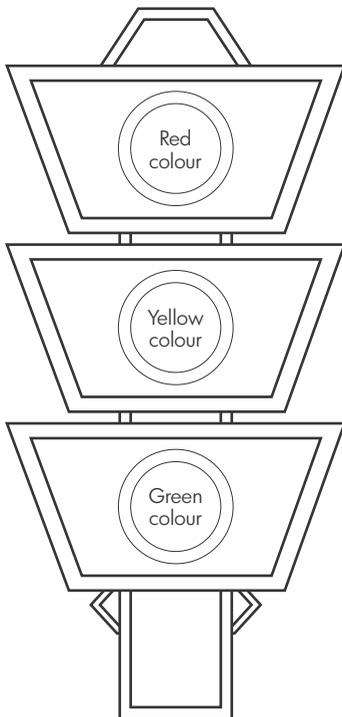
- The Red light means to get ready.
- The children should go up the slide by the ladder.
- We should always walk on the footpath.
- We should not run on the wet floors.



Activity



Colour the following traffic lights and mention their meanings in the boxes below:



Stop



Get Ready



Move on



Everybody needs some things to live respectfully in his life. For example, food, clothing and transport are a few of those, which are very important things for smooth living.



Everything around us is for our daily use. These things are highly useful for us.
 ہمارے ارد گرد کی ہر شے ہمارے روزانہ استعمال کی ہے یہ تمام چیزیں ہمارے لیے بہت مفید ہیں۔



Door
دروازہ



Wall Clock
گھڑی



Bucket
بالٹی



Washing Machine
کپڑے دھونے والی مشین



Oven
اوون



LCD Monitor
LCD مانیٹر



Car
کار



Refrigerator
فریج



Gas Stove
چولھا



Fan
پنکھا

Do You **KNOW?**

How many things in our homes are used with the help of electricity only?



There are some living and non-living things in these pictures. Living things have life but non-living things are lifeless.

ان تصاویر میں کچھ جان دار اور کچھ بے جان اشیاء ہیں۔ جان دار اور اشیاء میں جان ہوتی ہے۔ لیکن بے جان اشیاء میں جان نہیں ہوتی۔



Books

کتابیں



Apple

سیب



Aeroplane

ہوائی جہاز



Chair

کرسی



Tree

درخت



Radish

مولیاں



Hen

مرغی



Duck

بطخ



Dog

کتا



Pencil

پنسل



Train

ٹرین



Elephant

ہاتھی



Mention the living things and non-living things separately in their given spaces below:



Living Things

_____ Dog _____ Duck _____ Hen
_____ Tree _____ Elephant _____ Cat

Non-Living Things

_____ Aeroplane _____ Pencil _____ Chair
_____ Books _____ Fan _____ Car



Word Bank:

- Television: A system for transmitting visual images on screen.
- Fridge: A refrigerator.
- Microwave oven: An oven using such waves to heat food quickly.
- Washing machine: A machine used for washing clothes.



Vegetables are the great source of energy for our bodies. It contains a lot of vitamins and proteins useful for our healthy life. Do you like vegetables too?

We eat different types of vegetables in our daily meal. Peas, Radishes, Carrots, Turnips, Eggplants, Cabbages, Cauliflowers, Potatoes, Tomatoes, Green Chillies, Pumpkins and many other vegetables are grown almost everywhere all over the Pakistan.

ہم اپنی روزمرہ کی غذا میں مختلف سبزیاں کھاتے ہیں۔ مٹر، گاجریں، مولیاں، شلجم، بینگن، بند گو بھی، پھول گو بھی، آلو، ٹماٹر، سبز مرچیں، حلوہ کدو اور بہت سی سبزیاں پورے پاکستان میں تقریباً ہر جگہ اگائی جاتی ہیں۔



Chillies

لال مرچ



Cauliflowers

پھول گو بھی



Carrots

گاجریں



Potatoes

آلو



Peas

مٹر



Pumpkins

حلوہ کدو



Radishes

مولیاں



Turnips

شلجم



Tomatoes

ٹماٹر

Vegetables are full of vitamins which are essential for health. Most vegetables are cooked before we eat them. Some vegetables such as tomatoes, radishes and carrots are also eaten uncooked.

سبزیوں میں بھرپور وٹامنز ہوتے ہیں جو کہ صحت کے لیے مفید ہیں ہم زیادہ تر سبزیوں کو کھانے سے پہلے پکاتے ہیں کچھ سبزیاں جیسا کہ ٹماٹر، مولیاں اور گاجریں بنا پکائے کچی بھی کھا سکتے ہیں۔

Activity



Match the following vegetables with their correct names.

For example:

Raddish



Turnips



Peas



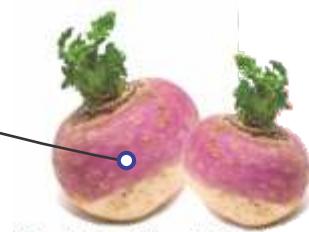
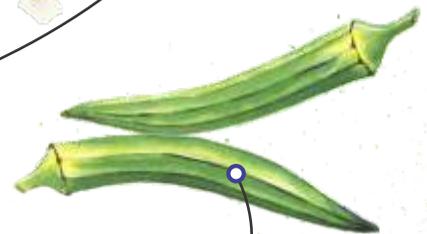
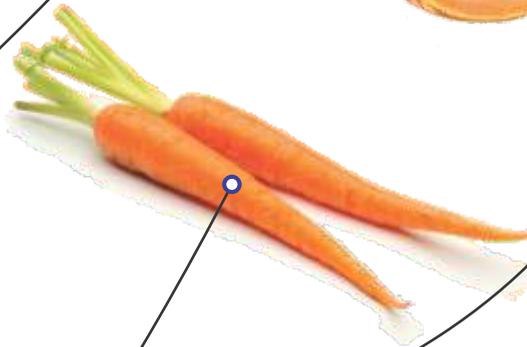
Pumpkin



Carrots



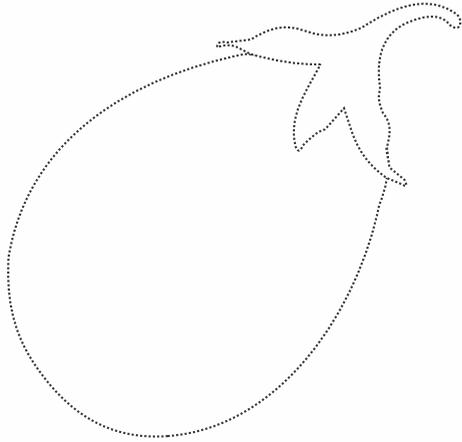
Lady's Finger



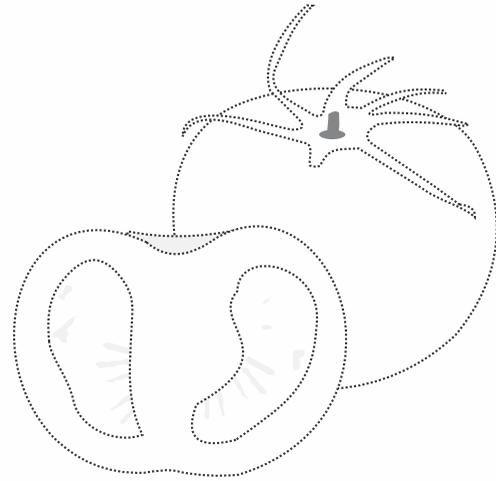
Activity



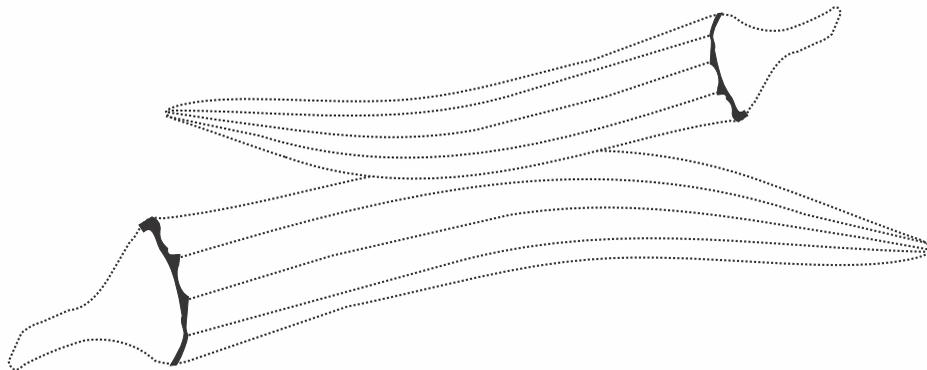
Colour and name the following vegetables:



_____ Egg Plant



_____ Tomato



_____ Lady Finger



Word Bank:

Pumpkin

A large round orange-coloured fruit.

Turnips

A plant with an edible round white root.

Pea

A well known plant and its seeds.

Carrots

A tapering orange root vegetable.



Fruits are the great blessing of our creator on this earth. It keeps the body fresh and smart. Fruits are very useful for our brain as well. Do you agree?



We eat different types of fruits. They are regularly grown at different fruit farms. Fruits are of different colours, sizes, tastes and shapes. Mango is the king of all fruits. Its taste is very delicious.

ہم مختلف اقسام کے پھل کھاتے ہیں۔ انہیں باقاعدگی سے مختلف پھلوں کے قطعوں میں اگایا جاتا ہے۔ پھل مختلف رنگ، سائز، ذائقے اور اشکال کے ہوتے ہیں۔ آم تمام پھلوں کا بادشاہ ہے۔ اس کا ذائقہ بہت لذیذ ہے۔



Mango

آم



Pear

ناشپاتی



Orange

مالٹا



Pineapple

پائین اپیل



Pomegranate

انار



Banana

کیلا



Apple

سیب



Grapes

انگور



Strawberries

اسٹرابری



Litchis

لیچی



Watermelon

تربوز



Coconut

ناریں

- Almond, Walnut, Pistachio, Apple, Apricot, Plums and Peaches grown in hilly areas. بادام، اخروٹ، پستہ، سیب، خوبانی، آلوچہ اور آڑو پہاڑی علاقوں میں اگتے ہیں۔
- White Mangoes, Banana, Melon, Fig, Dates and Mulberry are grown in different plain areas of Punjab. سفید چونسہ، کیلا، خربوزہ، انجیر، کھجوریں اور شہتوت پنجاب کے مختلف ہموار علاقوں میں اگائے جاتے ہیں۔
- Fruits are good for health. Fruits give us energy. Everybody like to eat fruits. پھل صحت کے لیے بہت اچھے ہیں۔ پھل ہمیں طاقت دیتے ہیں۔ ہر شخص پھل کھانا پسند کرتا ہے۔

Activity



Match the following fruits with their correct names.

For example:

Peach



Orange



Melon



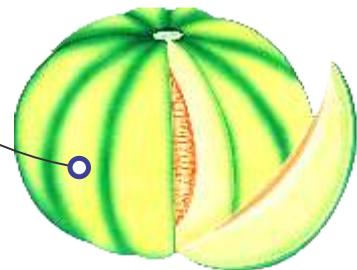
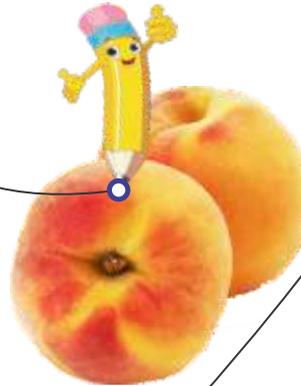
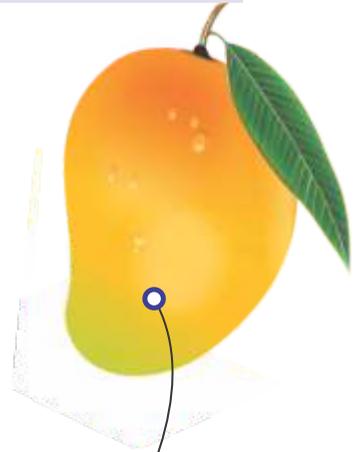
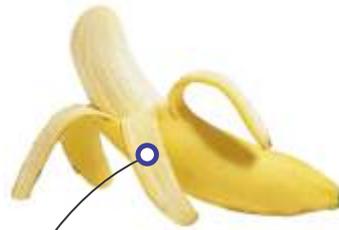
Coconut



Banana



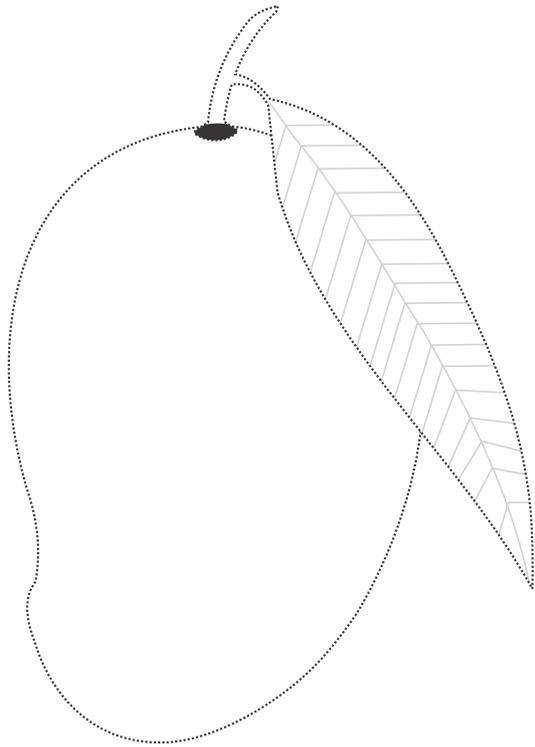
Mango



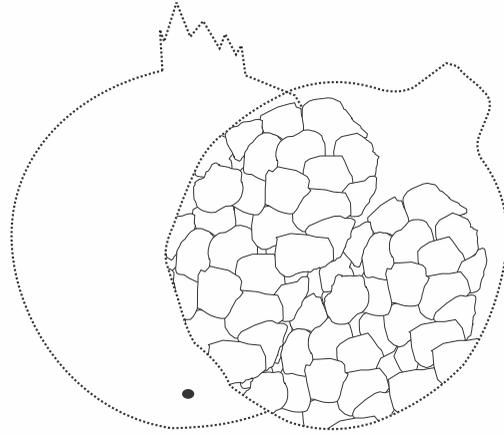
Activity



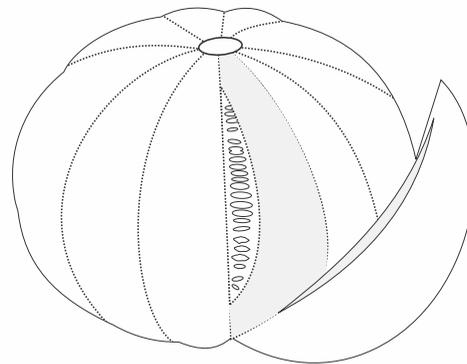
Colour and write the names of the following fruits:



Mango



Pomegranate



Melon



Word Bank:

- Creator: One who brings into existence.
- Brain: the mass of soft grey matter in the skull.
- Regularly: Doing something frequently.
- Grown: Become larger over a period of time.



Clothes protect our bodies from hot and cold seasonal effects. Generally people like to wear light clothes in summer and thick in winter season.



We wear different types of clothes. Clothes protect us from rain, heat and cold. Clothes also decorate us when we go to some function.

ہم مختلف اقسام کے کپڑے پہنتے ہیں۔ کپڑے ہمیں بارش، گرمی اور سردی سے بچاتے ہیں۔ کپڑے ہمیں سجاتے ہیں جب ہم کسی فنکشن پر جاتے ہیں۔

We like to wear colourful clothes.

ہم رنگین کپڑے پہننا پسند کرتے ہیں۔



Coat

کوٹ

ٹوپی

Cap



جرائیں

Socks



فراک

Frock



بچوں کا لباس

Baby suit



Gloves

دستانے



Sweater

سوئیٹر

شرٹ

Shirt



Skirt

اسکرٹ

Trousers

ٹراؤزرز



T-Shirt

ٹی شرٹ

Activity



Enlist the following things of winter and summer seasons below:



Winter

Summer

Sweater

Frock

Baby suit

Trousers

coat

Cap

Shirt



Word Bank:

Protect: Keep safe, save or safeguard.

Effects: Change produced by an action or cause.

Decorate: Make attractive by adding ornaments, paint or paper the walls of.

Function: The special activity or purpose.



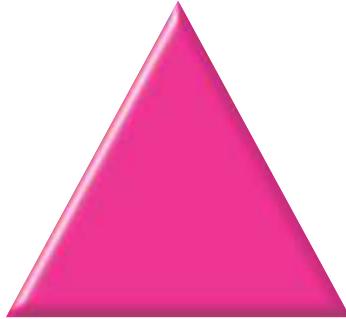


Every thing around us has some kind of shapes like a ball, a table, a door, a monitor etc. It can be an interesting activity to find out some shapes in different things around us, like of circles, squares and ovals etc.



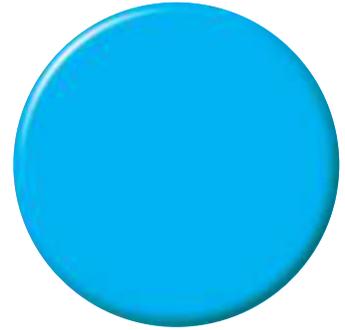
Square

مربع



Triangle

مثلث



Circle

دائره



Rectangle

مستطیل



Cone

مخروط



Kite

چار ضلعی شکل



Crescent

ہلال

Do You **KNOW?**

How many things of circular and triangular shapes can you find in your surroundings?



Star

ستاره



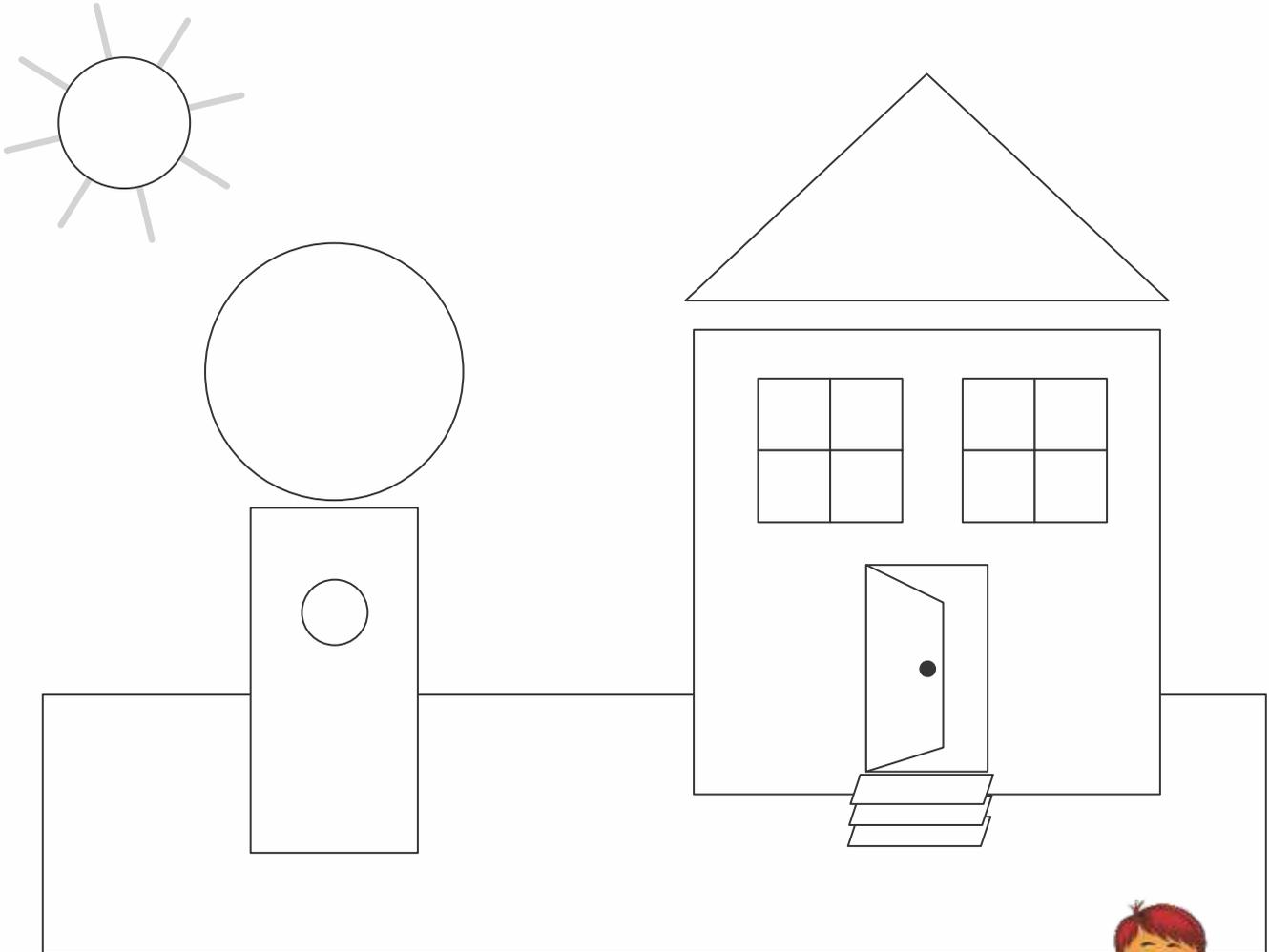
Oval

بیضوی

Activity



Complete the following picture by joining dots and then colour it beautifully.



Word Bank:

- Shape: An area or form with a definite outline.
- Monitor: A device checking or testing the operation of something.
- Interesting: Appealing or amusing.
- Oval: A figure in the shape of an egg.

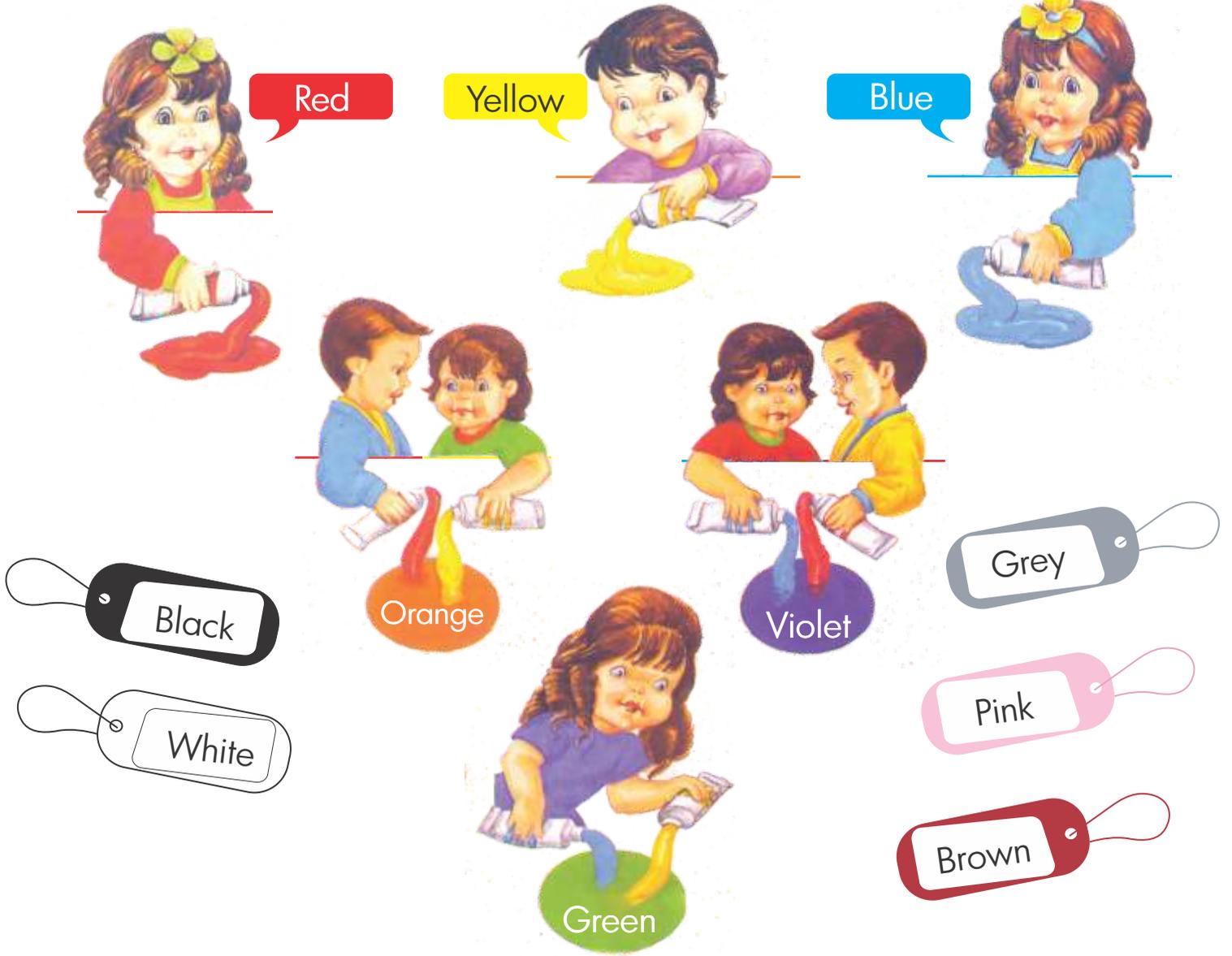


Colours show the beauty of life. Everybody likes different colours by nature. Red, Blue and Yellow are the basic colours in our surroundings. Which colours do you like the most?



There are different colours found in our daily life.

ہماری روزمرہ زندگی میں مختلف رنگ پائے جاتے ہیں۔



There are three basic colours:

Red, Blue and Yellow.

Some other colours are Black, White, Green, Pink, Orange, Brown and Purple.

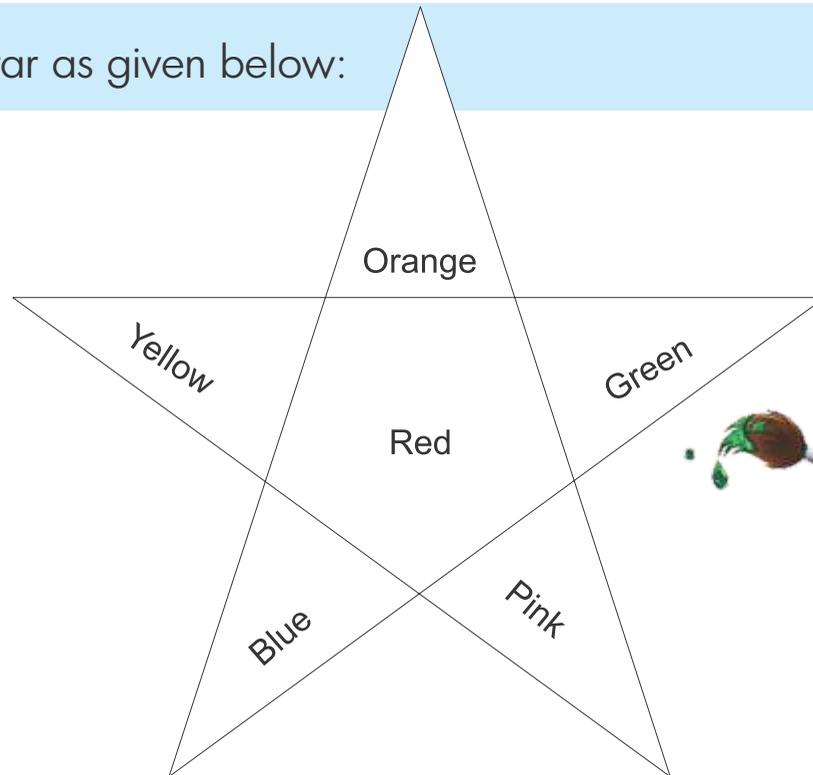
بنیادی رنگ تین ہیں۔

سرخ، نیلا، اور پیلا۔

کچھ دوسرے رنگ کالا، سفید، سبز، گلابی، مالٹا براؤن اور جامنی ہیں۔

Activity

Colour the star as given below:



Activity

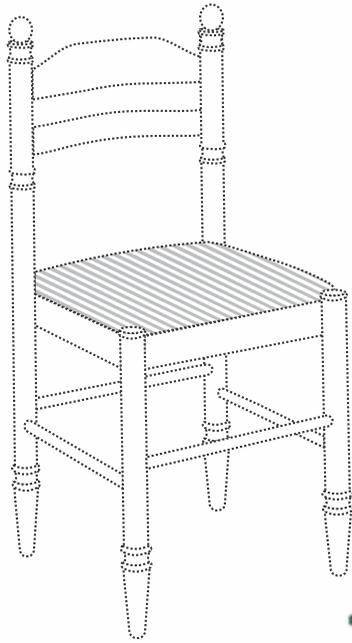
Trace and colour a beautiful rose as given below:



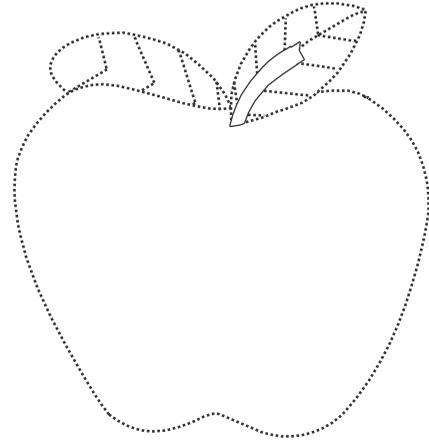
Activity



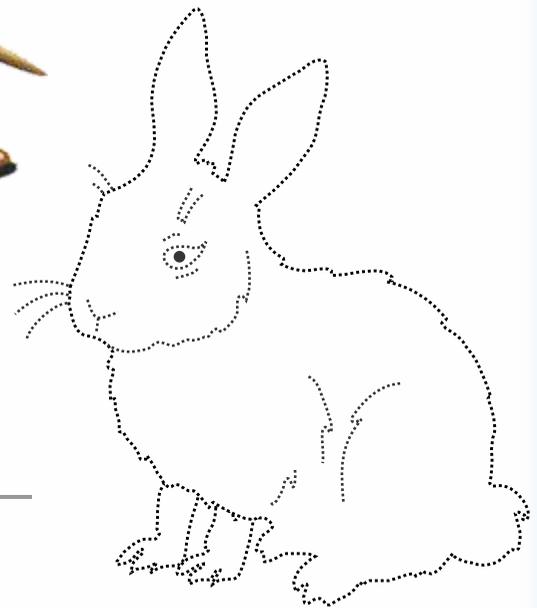
Colour and name these pictures as below:



Chair



Apple



Rabbit



Word Bank:

Beauty:

Good looks, prettiness.

Nature:

The environment, the earth.

Surroundings:

Things or conditions around a person or place.

Violet:

A small plant with purple or blue flowers.



Birds are of many kinds. Some of those can fly in the air and a few of those cannot fly in the air. Do you like the musical voices of birds?

Some animals can fly in the air. They are called birds.

There are some birds that cannot fly but a little bit they can.

کچھ جانور ہوا میں اڑ سکتے ہیں۔ انہیں پرندے کہتے ہیں۔
کچھ پرندے اڑ نہیں سکتے لیکن تھوڑا جتنا وہ کر سکتے ہیں۔



Duck بٹخ



Hen مرغی



Peacock مور



Owl الو



Eagle عقاب



Ostrich شتر مرغ



Crow کوا



Sparrow چڑیا



Parrot طوطا



Pigeon اکبوتر

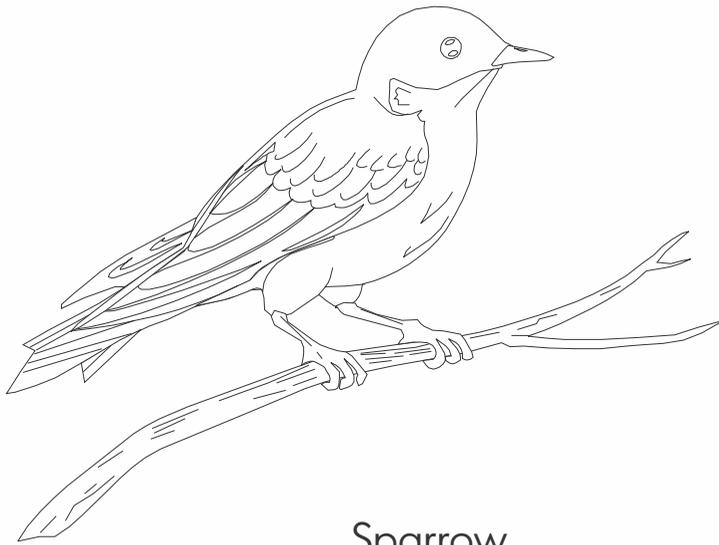
Birds have wings to fly. Birds have melodious voices and beautiful colours.

پرندوں کے اڑنے کے لیے پر ہوتے ہیں۔ پرندوں کی سریلی آواز اور خوب صورت رنگ ہوتے ہیں۔

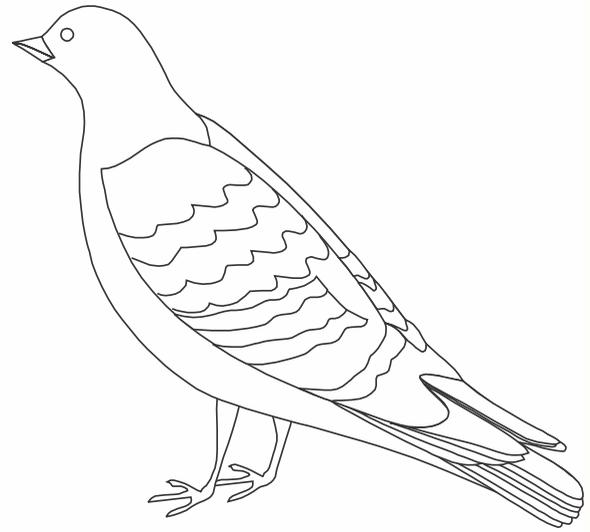
Activity



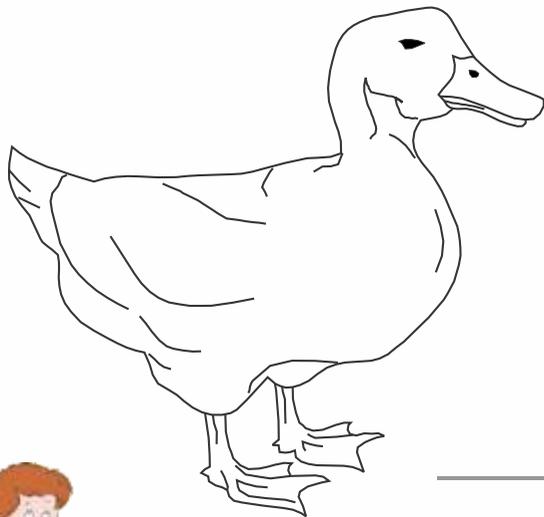
Colour and name these birds as below:



Sparrow



Pigeon



Duck



Word Bank:

Musical: Involving music, sweet sounding.

Ostrich: A large flightless African bird.

Melodious: Musical, tuneful or sweet.

Penguin: A flightless Antarctic sea bird.

Animals are very useful for us. Some animals are like good friends but few of those are very dangerous for our lives. How do you think?



These are different animals in this world. Some animals are big and some are small. Some animals are tame and some are wild.

اس دنیا میں مختلف جانور ہیں۔ کچھ جانور بڑے اور کچھ چھوٹے ہوتے ہیں۔ کچھ جانور پالتو اور کچھ جنگلی ہوتے ہیں۔



Deer ہرن



Lion شیر



Cat بی



Kangaroo کینگریو



Dog سنا



Monkey بندر



Sheep بھیر



Goat کبری



Giraffe زبیرا



Duck بٹخ



Elephant ہاتھی

Tame animals live in farms and wild animals live in jungles.

پالتو جانور فارمز میں اور جنگلی جانور جنگلوں میں رہتے ہیں۔

Do You **KNOW?**

What kind of an animal is elephant?
Is that friendly or dangerous for us?



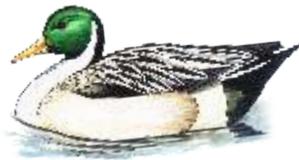
Activity



Separate the tame and wild animals. Write (T) for tame and (W) for wild animals:



Dog



Duck



giraffe



Monkey



Goat



Elephant

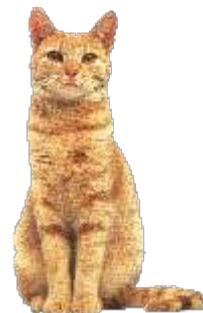
Lion



Sheep



Kangaroo

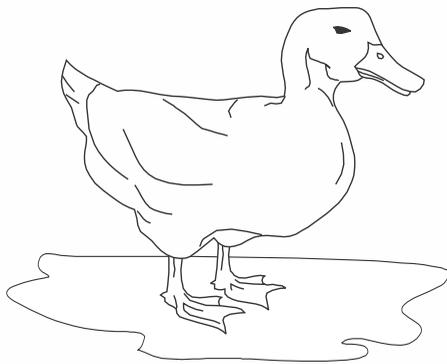


Cat

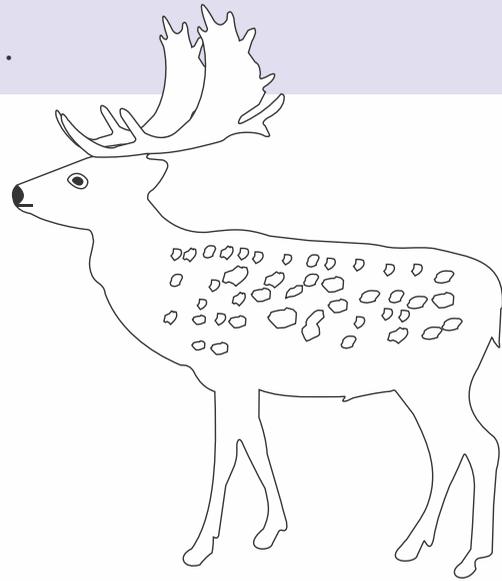
Activity



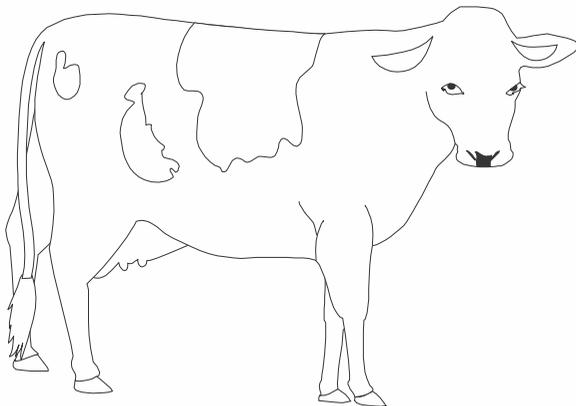
Colour the following animals and also mention weather these are tame or wild.



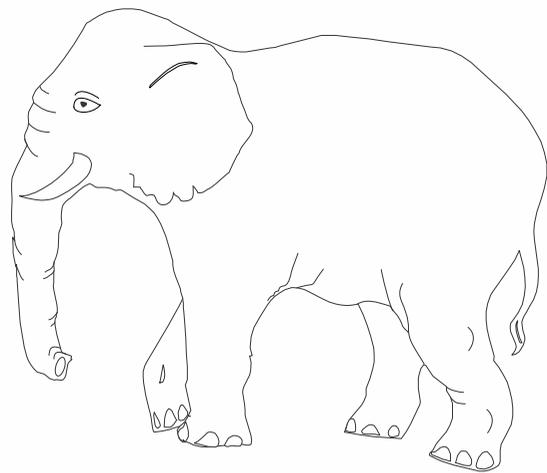
Duck



Deer



Cow



Elephant



Word Bank:

Useful:

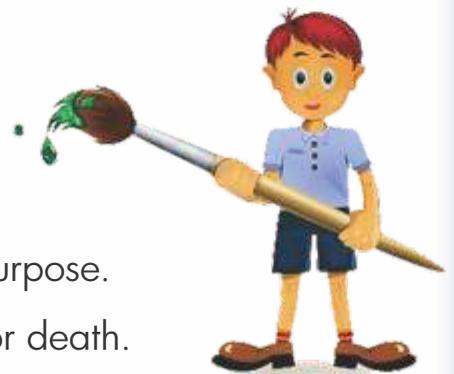
Able to be used for a practical purpose.

Dangerous:

Something that can cause harm or death.

Tame:

Not dangerous or frightened of people.



Pet animals are loved by everybody at home. Especially children like it too much. It also provides us great amusement. Do you have a same idea?



There are many pet animals. For example goat, cow, hen, duck, parrots etc. Pet animals are kept at home or in the farms.

یہاں بہت سے پالتو جانور ہیں۔ مثال کے طور پر بکری، گائے، مرغی، بطخ، توتے وغیرہ۔ پالتو جانور گھروں یا فارمز میں رکھے جاتے ہیں۔



Duck بطخ



Parrot توتا



Hen مرغی



Goat بکری



Ox بیل



Camel اونٹ

These animals are very useful for us. We get meat, eggs and milk from these animals. Some pet animals are very beautiful to look at.

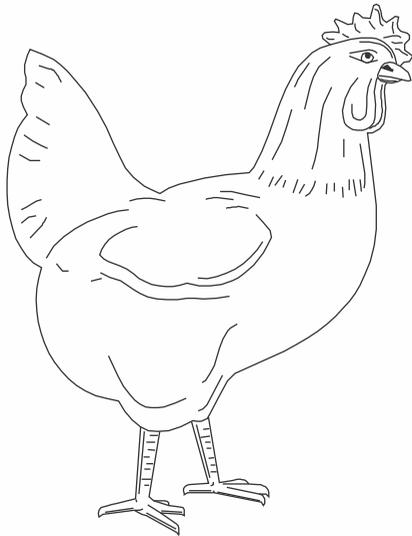
یہ جانور ہمارے لیے بہت مفید ہیں۔ ہم ان جانوروں سے گوشت، انڈے اور دودھ حاصل کرتے ہیں۔

کچھ پالتو جانور دیکھنے میں بہت خوب صورت لگتے ہیں۔

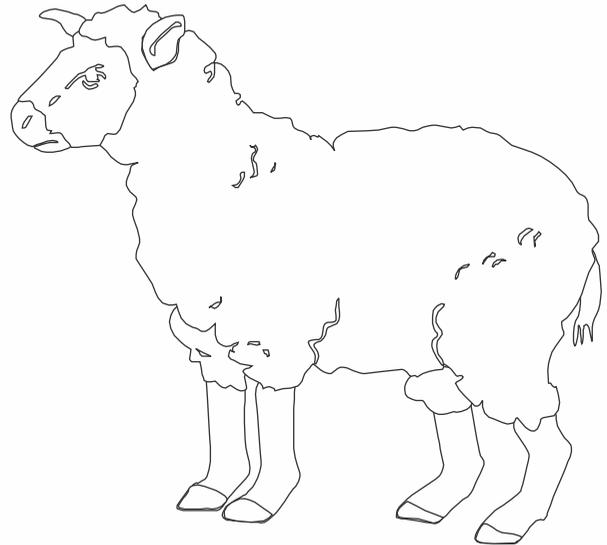
Activity



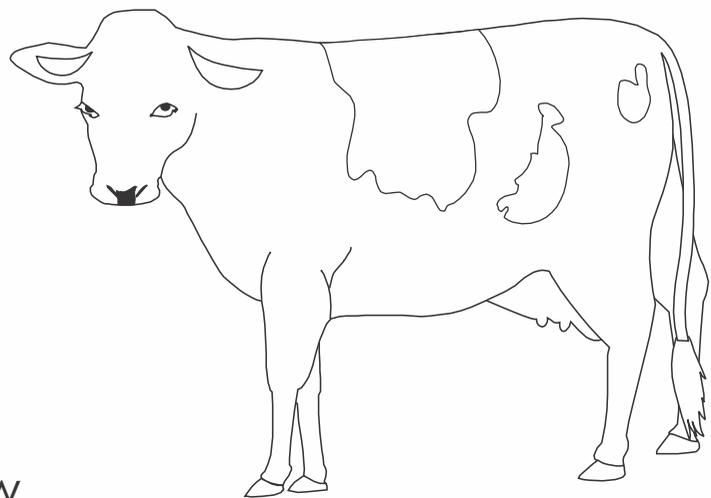
Colour and name the animals given below:



_____ Hen _____



_____ Sheep _____



_____ Cow _____



Word Bank:

Provide:

Supply, Give someone.

Amusement:

Pleasure, delight or enjoyment.

Pet:

A tame animal kept for company or pleasure.

Benefits:

An advantage or profit.



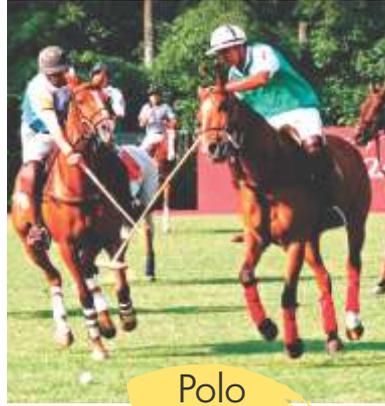
Sports and games give us great energy to become active and smart. It also make our mind healthy. Which sports do you like to play?



Games make us active and smart. Some games are outdoor and some games are indoor.
گیمنز ہمیں چست اور تندرست بناتی ہیں۔ کچھ گیمنز آؤٹ ڈور اور کچھ گیمنز ان ڈور ہوتی ہیں۔



Cricket



Polo



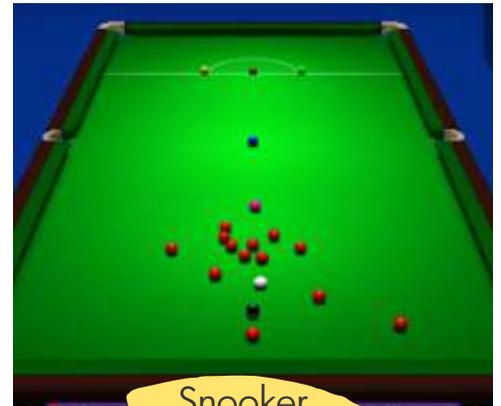
Football



Hockey



Table Tennis



Snooker

Indoor games are played at home. Outdoor games are played out of home in some ground.

ان ڈور گیمنز گھروں میں کھیلی جاتی ہیں۔ آؤٹ ڈور گیمنز گھر کے باہر میدانوں میں کھیلی جاتی ہیں۔



Video Games



Ludo

Activity



Match the following games with their correct names:



Football

Cricket

Hockey

Polo

Ludo

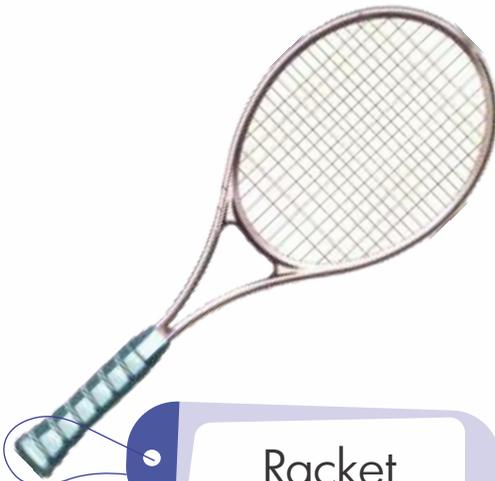
Video Games



Activity



Mention the names of following sports items in boxes below:



Work Bank:

Energy:	Strength and power.
Active:	Functioning or energetic.
Healthy:	Having or showing good health.
Indoor:	Used or done inside a building.



Earth is a very important planet of our solar system. We can only live on earth due to air and water. Can you imagine to live without these things?



We live on the planet earth. It is round in shape. There are rivers, lands and high mountains on our earth.

ہم سیارہ زمین پر رہتے ہیں۔ یہ شکل میں گول ہے۔ اس پر دریا، زمین اور اونچے پہاڑ ہیں۔



Mountains



River



Field



Desert

Water is very necessary for our life on this earth. We drink water. Fishes live in water too. Air is also very necessary for all living things. Without air we cannot think to live here.

اس زمین پر ہماری زندگی کے لیے پانی بہت ضروری ہے۔ ہم پانی پیتے ہیں۔ مچھلیاں بھی پانی

میں رہتی ہیں۔ ہوا بھی تمام جانداروں کے لیے ضروری ہے۔ ہوا کے بغیر ہم یہاں زندہ رہنے کے بارے میں سوچ بھی نہیں سکتے۔

Exercise



1. Answer the following questions:

● **Where do we live?**

Ans: We live on Earth.

● **What kind of shape the Earth has?**

Ans: The shape of the Earth is round.

● **What is the most important thing on our earth?**

Ans: Water is the most important things on our earth.

● **Where do the fishes live?**

Ans: Fishes live in water.

● **Can we live without air?**

Ans: No, we cannot live without air.



2. Fill in the blanks:

● **Water** is very necessary thing on our earth.

● **Fishes** live in water too.

● There are **rivers**, **lands** and high **mountains** on our earth.

● **Air** is also very necessary for all living things.

● Without air we **cannot** live.



3. Tick (✓) for true and cross (✗) for false statement:

● Earth is square in shape.



● We live on the planet called earth.



● Fishes live on the earth too.



● Without air we cannot live.



● There are only rivers on the earth.



Activity



Trace and colour the following picture:



Word Bank:

- Planet: A large round mass in space revolving round a star.
- Solar: of or from the sun.
- Mountains: A mass of land rising to a great height.

